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Article

Financial Risk and Financial Performance: Evidence and Insights from Commercial and Services Listed Companies in Nairobi Securities Exchange, Kenya

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Abstract: In Kenya, the last few years has seen the performance of companies listed under the commercial and services segment on the Nairobi Securities Exchange (NSE), experience mixed fortunes. The study sought to assess the implications of financial risk on the performance of these companies. The study applied explanatory research design. The target population were the 14 companies listed under this segment of NSE. Secondary panel data contained in published annual reports for the period 2013–2017 was collected. Panel regression model was applied with the random effect model being used based on the Hausman specification test. Findings showed that credit risk had an insignificant positive effect on return on equity (ROE) while liquidity risk had a significantly negative effect on ROE and operational risk had a positive insignificant effect on ROE. The positive coefficients from the data analysis indicated that commercial and service companies at NSE were able to take in more credit to boost performance of these companies however the negative coefficients shows that within the period of study these companies experienced high liquidity problems in that the current liabilities exceeded the current assets. Thus, concluding that these companies were unable to pay all their obligation when they were due.

Keywords: financial performance; financial risk; commercial and services companies; Nairobi Securities Exchange

JEL Classification: C3; G2; L2; O5

1. Introduction

The performance of the global economy has been affected by crises like the unforeseen Covid-19 pandemic that hit the world in 2019 and led to economic slowdown. The previous global economic crisis was financial crisis of 2008–2009 that was attributed to excessive risk appetites by financial institutions (Agarwal 2011). The crisis led to erosion of the investor trust in the ability of public firms to manage risks effectively (Capgemini and Merrill Lynch Global Wealth Management 2009). However, a study by Wani and Ahmad (2013) in the United Kingdom on nonfinancial firms indicated that “the 2008–2009 financial crisis did not significantly affect established risk management practices and firms’ commitment to financial risk”.

Bansal et al. (1992) and Holton (2004) described risk as the unexpected change or unpredictability of returns. Arif and Showket (2015) and Fali et al. (2020) enriched the description of risk by stating that financial risk is the probability of a firm collapsing when the company uses debt to satisfy financial

commitments when the cash balance is inadequate. This risk is normally influenced by causes beyond the firm's control (Oliver 2001; Harvey 2008).

Risk can yield the possibility of both pleasant surprises as well as adverse business results with a general hypothesis that the amount of risk taken has a direct impact on the potential return (Gentry and Pike 1970; Stulz 1996; Woods and Dowd 2008; Kinyua et al. 2015; Were 2015). How well or poorly a firm performs has been linked to risks taken by management of the firms (Muriithi 2016).

According to Agustina and Baroroh (2016), performance has been defined historically as a gauge over a time on the health of a company or organization. This gauge when standardized is then used for comparison across companies in similar trades (Erasmus 2008). Performance gauges how well a business uses its assets to maximize returns on investments by its stakeholders (Mwangi et al. 2014).

Dey et al. (2018) investigated how financial risk disclosure affected performance of manufacturing companies in Bangladesh, Asia. They developed financial risk disclosure indices through content analysis of the firms' annual reports. The study employed regression analysis to examine the association between financial risk disclosure and the firm's attributes. Their study found no common practice in companies disclosing their financial risks into their reporting process.

Isiaka (2018) assessed how liquidity risk affected insurance companies' performance listed in Nigeria. Liquidity risk was the independent variable with the measure being claim loss ratio, premium growth and leverage. For firm performance, return on assets (ROA) was used as the proxy. The study adopted panel multiple regression techniques. The findings revealed that leverage had a significant negative effect on return on assets. This study instead used Return on Equity (ROE) as a measure of performance and current ratio as the measure of liquidity risk.

Financial risk and its relation to financial performance by different theoretical and empirical researchers give contradictory explanations, making it hard to make definite conclusion. Risks therefore remain a significant factor that affects a firm's performance that needs to be studied. This article sought to answer the research question: What is the effect of financial risk on the performance of commercial and services listed companies on Nairobi Securities Exchange, Kenya. In the study, financial risk was assessed from three perspectives, namely: credit risk, liquidity risk and operational risk.

Commercial and services companies consist of companies that buy and sell products and services in their area of competence. Unique characteristics of companies listed in this segment include fulfilling an intermediary function. Another quality of the companies listed in this segment is that they do not engage in synthesizing of raw of materials to completion, as do the manufacturing companies that are engaged in transformation of raw materials (Armstrong 2017). Instead, their activities are only commercial, connecting the producer with the end consumers. In playing the intermediary role, these companies offer storage, transfer, distribute and sale of the products and services.

Global trends indicate that successful commercial and services companies are becoming obsessed about client experience (KPMG 2018). Digital platforms are taking precedence in customer relationships management among other revenue generation processes for example, purchase of air tickets is being done online, retail consumer purchases are being done through e-commerce websites of such as Amazon and Alibaba (Yan and Wei 2017). Other global trends affecting performances of commercial companies include increased competition, changes in management structures, customer services management and even rising fuel prices that are reducing the revenues posted by businesses in the airline sector (Agarwal 2011; KPMG 2018).

In Kenya, the last few years has seen the performance of companies listed under the commercial and services segment on the NSE experience mixed fortunes in terms of financial performance. The national airline carrier, Kenya Airways (KQ), which is listed under the commercial and services segment reported the country's worst ever corporate results in history of \$258 million US Dollars for the year 2015–2016 (Kenya Airways 2016; Okoth and Achuka 2016). Whereas Longhorn Publishers which is also listed under commercial and services segment has been reporting good results in terms of profits (NSE 2013, 2014, 2015, 2016, 2017; Longhorn Publishers 2018).

According to the Capital Markets Authority, there has been a declining trend in financial performance results posted by companies in the NSE, with eighteen companies out of the sixty-seven registered companies issuing profit warnings in the financial year of 2016 alone (CMA Capital Markets Authority). Most of those firms that reported dismal performances and on the verge of collapsing in the period between 2013 to 2017 were from the commercial and services sector of Nairobi Securities Exchange, Kenya as shown in Table 1. Companies under this sector included Uchumi supermarkets, Kenya Airways, Deacons, Hutchings Biemer, Atlas Development (ADSS), Eveready and logistics firm Express Limited which have been on the spotlight (Bwire 2015; Kangethe 2015; Aglionby 2016; Munda 2017).

Table 1. Listed sectors that issued profit warnings from 2013 to 2017.

Sector\Year	2013	2014	2015	2016	2017
Agricultural		18%		27%	
Automobiles & accessories		9%	6%		
Banking	14%		6%	9%	25%
Commercial & services	43%	55%	39%	18%	25%
Construction & allied		9%	17%		8%
Energy & petroleum	14%				
Insurance			17%	18%	8%
Investment			6%	9%	
Investment services				9%	
Manufacturing & allied	29%	9%	11%	9%	33%
Telecommunication & technology					
Real estate investment trust					
Exchange traded fund					
Total firms issuing profit warnings per year	7	11	18	11	12

Source: Nairobi Securities handbooks covering the financial years 2013 to 2018. Various companies have different financial year-ends, i.e., March, June, September and December.

As shown on Table 1, the most affected sector was the commercial and services segment with more companies issuing profit warnings. Profit warnings are statements issued by listed firms to the public and its investors to signal dismal performances due to challenging incidents which may be internal to the company or emanating from the external business environment (Mwangi et al. 2014; Mutegi 2017). Some of the factors that have been cited as affecting the sector are the financial risks and competition (Mutegi 2017). Based on these trends the researcher sought to investigate whether companies listed under the commercial and services segment of the NSE were more prone to financial risks. The scope of study covered the performance of these companies from years 2013–2017. The researcher focused on studying only listed commercial and services companies because among the companies that issued profit warnings in the study period at least 25 per cent were from this sector (NSE 2017). The question arises as to whether the dismal performance of these commercial and services companies was due to the varied risk exposures they face or due to the varied businesses in which they participate, and this is what the researcher sought to determine. A longitudinal model was applied because of the time factor and cross-sectional dimensions of the study variables (Aiken et al. 1991; Wooldridge 2010; Park 2011).

In this study, the risk factor was broken down into credit risk, liquidity risk and operational risk. Credit risk was proxied by debt to income ratio (Elder 2016); liquidity risk was proxied by current ratio (Kamau and Njeru 2016); while cost to income ratio was the proxy for operational risk (Mathuva 2009; Muriithi 2016; Wangalwa and Muturi 2018). The study was guided by the following specific objectives

- i. To determine the effect of credit risks on the performance of commercial and services companies on NSE, Kenya;
- ii. To establish the effect of liquidity risks on the performance of commercial and services companies on NSE, Kenya;

- iii. To examine the effect of operational risks on the performance of commercial and services companies on NSE, Kenya.

The next section is organized as follows: Section 2 begins with an introduction of the key theories that underpinned the study, along with the concepts. This is followed by an analysis of previous empirical literatures on financial risks and firm performance; this section also has the conceptual framework that illustrates the connection between the study variables. Section 3 provides research methodology, the population that was targeted, the sampling size, how data were collected, analyzed, the diagnostic tests and finally the ethical considerations. Section 4 presents the results. Section 5 discusses the key findings. Finally, Section 6 provides the conclusions, recommendations and areas of further study.

2. Literature Review

The study was supported by three theories. These were the agency theory, information asymmetry theory and signaling theory. Agency theory was linked to firm performance while information asymmetry and signaling theories were linked to the risks undertaken by the managers of these firms and the expected impact on firms' performances (Akerlof 1970; Spence 2002; Auronen 2003).

According to Omasete (2014), shareholders task the firms' managers and the executive board with the role of managing risks. Risks affect the organizational performance. These risks if managed well can help achieve the goal of maximizing investment returns and earnings of firms (Jensen and Meckling 1976; Fama 1980; Collier and Agyei-Ampomah 2006).

This study applied signaling theory to demonstrate the use of information contained in the financial statements as signals to the wellbeing of the firms in terms of financial performance. In practice, shareholders are not aware of all information available to the firm's managers that influence the risky ventures taken by them on behalf of the shareholders of the firm (Wruck 1990; Kaplan and Stein 1993; Andrade and Kaplan 1997; Whitaker 1999; Pearson 2002). As a result, the effects on ownership and governance, and the indirect costs to a firm's performance which include administrative, operational and even reputation costs emerge much later when dismal performances are reported at the end of a financial year (Kihooto et al. 2016). Thus, information asymmetry came into play when investigating the risks taken by the managers and the overall effects on the firm performance.

Wangalwa and Muturi (2018) sought to investigate operational risk and performance of Supermarkets in Nairobi County. Cost to income ratio was utilized as an indicator to operational risk while ROA as representation of financial performance. Descriptive research design was employed with quantitative data. The study was supported by extreme value theory, financial distress theory and firm value maximization theory. Multiple regression to ascertain the effect between operational risk on return on asset of supermarkets in Nairobi County was used. From their findings, operational risk negatively affected ROA. This study added value by shifting focus from supermarkets in Nairobi County and instead broadened the scope by reviewing the whole commercial and services sector of the securities exchange and added two more financial risk indicators, namely credit risk and liquidity risk.

Sisay (2017) reviewed how financial risk affected financial performance of insurance firms in Ethiopia. The thesis used panel survey methods and unstructured in-depth interviews. The study used six independent variables which included credit risk, liquidity risk and solvency risk. The dependent variable for performance was return on assets (ROA). The outcome of regression indicated that credit risk, liquidity risk, solvency risk had a negative and important impact on the profitability of insurance firms in Ethiopia. This study bridged the contextual gap by assessing noninsurance firms and used return on equity as the proxy of performance.

Nyasaka (2017) reviewed management of credit risk and non-performing loans in the banks. In his study, credit risk was measured by the characteristic of the borrower which was used to determine the credit score. The study established that non-performing loans negatively affected a bank's lending ability. This created a negative signaling effect on credit risk. This study added value by shifting focus from banks and instead focusing on a non-financial sector.

Kamau and Njeru (2016) investigated how liquidity risk affected performance of insurance companies listed on the NSE, Kenya. They looked at credit risk, operational risk and liquidity risk as the explanatory variable of the study while ROE was used to gauge performance. They used descriptive research design. For the methodology, multiple regression model was employed. The extreme value theory, credit risk theory and capital Structure theory supported their research. Market risk and operational risks had significant negative effects on ROE of the insurance companies listed NSE. This research sought to add value by reviewing liquidity risk on a non-insurance sector of the NSE thus filling the contextual gap.

Muriithi (2016) had a research on financial risk and financial performance of commercial banks in Kenya. A sample of 43 commercial banks licensed by central Bank of Kenya for the years from 2005 to 2014 were studied. The findings of the study indicated that credit and liquidity risks have significant negative effect on return on equity. The study deduced that there was an inverse effect between financial risk and financial performance of banks in Kenyan. The study focused on all listed banks, but the current study is on listed commercial and Service firms.

Wani and Ahmad (2013) conducted a research on liquidity risk and performance of Indian insurance industry. Current ratio was utilized as a measure to liquidity risk while ROA was employed as representation of financial performance. Secondary data extracted from the financial statements and multiple regression were used in the study. From the findings liquidity risk had a positive statistically significant relationship on return on asset of insurance industry in India. The study was conducted in Asia and on the insurance industry whose findings may not be relevant to Kenyan contexts. The current study therefore contextualized the gap.

Mathuva (2009) sought to conduct a study on the effect of operational risk on performance of commercial banks in Kenya. The researcher used cost to income to gauge operational risk. ROA and ROE were used as proxies to performance. Panel regression was employed as the model for the study Minitab software was used to ascertain the significance levels of the research constructs. The research findings showed that operational risk is inversely related with both performance indicators. Mathuva (2009) study was conducted in a financial sector, the findings cannot be extrapolated to the commercial and services sector which is non-financial. This study added value by increasing two additional risk categories, namely credit risk and liquidity risk to the independent variable.

Based on the research objectives and the research gaps identified from the literature review, the study instituted the following hypotheses:

Hypothesis 1 (H1). *Credit risks have no significant effect on the performance of commercial and services companies on NSE, Kenya;*

Hypothesis 2 (H2). *Liquidity risks have no significant effect on the performance of commercial and services companies on NSE, Kenya;*

Hypothesis 3 (H3). *Operational risks have no significant effect on the performance of commercial and services companies on NSE, Kenya.*

The study's conceptual model is depicted in Figure 1. The order of the hypotheses between independent and dependent variables is illustrated as well.

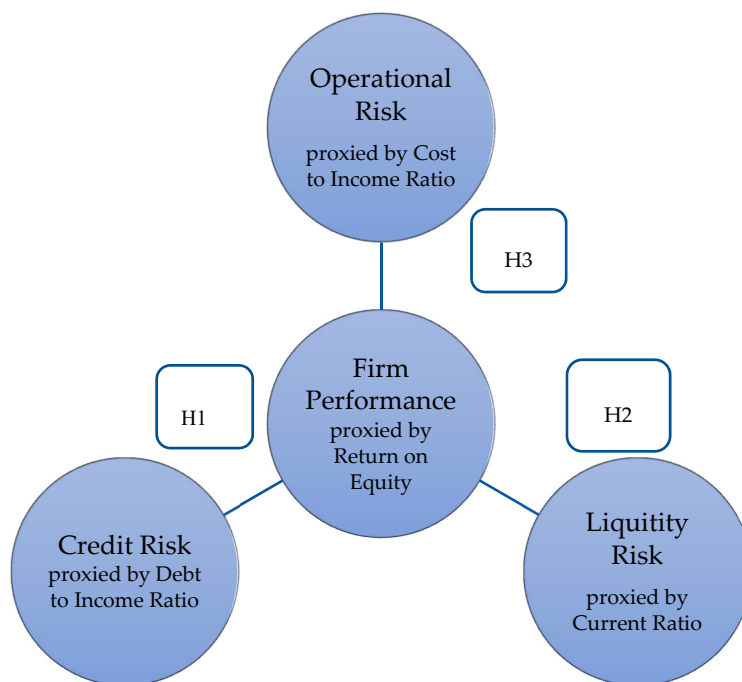


Figure 1. Conceptual framework.

3. Materials and Methods.

In this study, the risk factor was broken down to credit risk, liquidity risk and operational risk. Credit risk was proxied by debt to income ratio (Elder 2016); liquidity risk was proxied by current ratio (Kamau and Njeru 2016); while cost to income ratio was the proxy for operational risk (Mathuva 2009; Muriithi 2016; Wangalwa and Muturi 2018). A multiple panel regression model was suitable for this research because of the independent variables, time factor and cross-sectional dimensions (Aiken et al. 1991; Wooldridge 2010).

The researcher adopted an explanatory research design. According to Maigua and Mouni (2016), the main advantage of explanatory designs is, it allows connection of thoughts to apprehend reason and effect. The researcher was able to explain what was going on as it exists, and the researcher had no control over the variables. The researcher explored and explained the effects of financial risks on the performance of companies in the commercial and services segment at NSE.

3.1. Target Population

The study target population consisted of the fourteen companies (14) listed in Table 2 under the commercial and services segment of the Nairobi Securities Exchange for the period covering 2013 to 2017. These firms are geographically based in Nairobi, the capital city of Kenya.

3.2. Sampling Design

The population size was small and manageable, the study therefore did not sample the companies. However, when retrieving the data, only ten out of the fourteen firms' independent audit financial statements were available. The missing four was suspended during the period of study hence ten companies became the target population (NSE 2017).

Table 2. Distribution of target population.

	Company	Business
1	Atlas Development and Support services	Logistics
2	Deacons (East Africa) Plc	Consumer goods
3	Eveready East Africa Limited	Power solutions
4	Express Limited	Logistics
5	Hutchings Biemer Limited	Furniture
6	Kenya Airways Limited	Transport
7	Longhorn Publishers Limited	Publishing
8	Nairobi Business Ventures Limited	Consumer goods
9	Nation Media Group	Media
10	Sameer Africa Limited	Tires
11	Standard Group Limited	Media
12	TPS Eastern Africa (Serena) Limited	Hospitality
13	Uchumi Supermarket Limited	Consumer goods
14	WPP Scangroup Limited	Marketing

Source: [NSE \(2017\)](#).

3.3. Research Data and Variable Construction

The researcher extracted data from published companies' annual financial reports and NSE handbooks for the years 2013 to 2017. This was secondary data that was readily available from the firms' website as well as from the Nairobi Securities Exchange handbooks. The key advantage of using secondary data were that it may already were used in previous research, making it easier to use to carry out further research ([Mugenda and Mugenda 2003](#); [Grant and Osanloo 2014](#)). The researcher developed a document review guide. The use of the document review guide as a research instrument to collect secondary data have was used and validated by other researchers ([Saunders et al. 2009](#); [Bandalos 2018](#)). According to [Mwangi et al. \(2014\)](#) when a census approach of study is taken, the validity of the collected data are improved because the collected information is specific rich to the population and thus legitimate. The benefit of this instrument was that it provided the researcher with a systematic approach of categorizing the data, examining and assessing it and finally developing valuable data. Furthermore, this instrument of research was applied in previous studies ([Witkin and Altschuld 1996](#); [Mugenda and Mugenda 2003](#); [Muathe 2010](#); [Mwangi et al. 2014](#); [Musau 2018](#)). Data extracted for the period 2013 to 2017 was used with the financial years of the companies ending in different months. To increase the scope of data collected, the researcher focused on longitudinal data of same sample over the study period ([Gujarati 2003](#)).

The study used the following equations to calculate the study variables and the date can be found in Table 3.

$$\text{Performance indicator return on equity} = \frac{\text{Net income}}{\text{Total assets}} \quad (1)$$

$$\text{Credit risk (CR)} = \frac{\text{Debt}}{\text{income}} \quad (2)$$

$$\text{Liquidity risk (LR)} = \frac{\text{Current assets}}{\text{Current liabilities}} \quad (3)$$

$$\text{Operational risk (OR)} = \frac{\text{Total costs}}{\text{Total income}} \quad (4)$$

Table 3. Study data.

Company	Year	ROE	Credit Risk	Liquidity Risk	Operational Risk
1	2013	0.402342428	0.730440915	0.369036126	53.78240048
1	2014	0.369222029	0.657554119	0.52078737	40.31125172
1	2015	0.385771092	0.664435484	0.505037018	48.03727018
1	2016	0.318407754	0.557662768	0.79319843	50.60535204
1	2017	0.42481122	0.618833564	0.615943377	449.4766839
2	2013	0.148235428	0.490333986	1.039426246	2.52400779
2	2014	0.147679642	0.538317435	0.857640001	2.753707269
2	2015	0.210804587	0.431069649	1.319810734	2.418759701
2	2016	0.129799036	0.471311355	1.121739671	1.152987134
2	2017	0.017673087	0.462388778	1.162682242	0.430164698
3	2013	0.435148118	0.720312473	0.388286387	234.4509804
3	2014	0.413316454	0.734082366	0.362244956	312.4137931
3	2015	0.315310989	0.705198989	0.41803947	340.1445783
3	2016	0.282664399	0.714870093	0.398855554	1171.428571
3	2017	0.245379457	0.782659766	0.339406597	1169
4	2013	0.125841379	0.637219959	0.569316821	51.80165619
4	2014	0.106791105	0.643071674	0.555036616	39.26812156
4	2015	0.101725308	0.690080963	0.449105327	43.72856715
4	2016	0.082410574	0.653149863	0.531042196	62.86697844
4	2017	0.077680007	0.651589602	0.534708344	400.9291883
5	2013	0.088218144	0.679332505	0.472033199	5.485090315
5	2014	0.075139287	0.746994532	0.338697885	4.731330467
5	2015	0.056940838	0.612384514	0.632960953	1.549113074
5	2016	0.102830752	0.563243021	0.775432562	5.342617537
5	2017	0.028451483	0.617555019	0.619289138	1.890005146
6	2013	0.375796261	0.563292405	0.77527691	911.9937107
6	2014	0.338980475	0.577124186	0.732844446	189.7242268
6	2015	0.254788658	0.551816283	0.812197341	11.53349994
6	2016	0.146983802	0.507549771	0.970250125	5.570634349
6	2017	0.189432022	0.508790392	0.965445921	3.409141944
7	2013	-0.346887116	0.25436037	2.931430036	-5.676979549
7	2014	-0.172198803	0.190364396	4.263629601	-2.005363036
7	2015	4.982726815	-0.032752399	-31.53211471	-6.276299113
7	2016	0.731740825	-0.225149134	-5.441500547	-3.703561799
7	2017	0.227140154	-0.307333862	-4.431904709	-1.380140693
8	2013	0.151883611	0.420382524	1.37878585	1.432592169
8	2014	-1.13526318	0.234892055	3.257274687	-4.390931785
8	2015	-0.236494654	0.511689577	0.954309886	-3.210953508
8	2016	-0.450003905	0.449367661	1.225349276	-3.025674331
8	2017	0.453490362	0.711018673	0.406432823	25.58987264
9	2013	-0.008540881	0.413123158	1.420585681	-0.211573149
9	2014	-0.424151373	0.407803795	1.452159623	-5.398431139
9	2015	-0.630488885	0.251336229	2.978733997	-4.503713639
9	2016	-4.789888528	0.061285076	15.3171862	-6.639507143
9	2017	10.80163809	-0.009244429	-109.173254	-5.280334827
10	2013	0.166096946	0.524875694	0.905213009	30.25164986
10	2014	0.13485453	0.487637717	1.050702734	7.00416151
10	2015	-4.751525316	0.117316112	7.523978332	-10.46009278
10	2016	1.273732381	-0.419289571	-3.384986581	-41.3288521
10	2017	0.491537747	-0.782171992	-2.426215729	-4.953631638

Source: Study Data (2018).

3.4. Data Analysis Method

The researcher used multiple panel regression analysis and descriptive statistics. Under descriptive statistics, the mean, standard deviation, minimum and maximum descriptions were analyzed (Mugenda

and Mugenda 2003; Saunders et al. 2009). Multiple panel regression was employed to assess how financial risk affected firm performance over the study period.

To analyze the effect of financial risks on the performance of commercial and services listed companies on Nairobi Stock Exchange, Kenya, the research employed a multiple linear panel regression model.

The general model of the study was defined as follows:

$$ROE_{i,t} = \beta_0 + \beta_1 CR_{i,t} + \beta_2 LR_{i,t} + \beta_3 OR_{i,t} + \varepsilon_{i,t} \quad (5)$$

where:

ROE is the dependent variable measuring performance

i is the company under observation with $i = 1 \dots 14$.

t is the time with $t = 2013 \dots 2017$;

$CR_{i,t}$ is credit risk proxied by debt to income ratio of business i at time t;

$LR_{i,t}$ is liquidity risk proxied by current ratio of company i at time t;

$OR_{i,t}$ is operational risk proxied by cost to income ratio of company i at time t;

β_0 represents the constant term;

$\beta_1 \beta_2 \beta_3$ represent the coefficients of the independent variables.

ε represents is the error term.

The study target population was fourteen companies (14) in the commercial and services market segment of the NSE for the period of study covering 2013 to 2017 (NSE 2017). The commercial and services market segment has only 14 companies under it, hence the study took a census methodology due the small number of companies.

The researcher extracted data from published companies' annual financial reports and NSE handbooks for the years 2013 to 2017. This was secondary data that was readily available from the firms' website as well as from the Nairobi Securities Exchange handbooks. The key advantage of using secondary data were that it may have been used in previous research, making it easier to use to carry out further research (Mugenda and Mugenda 2003; Grant and Osanloo 2014). The researcher developed a document review guide. The research used this tool to collect secondary data.

The use of the document review guide as a research instrument to collect secondary data have been used and validated by other researchers (Saunders et al. 2009; Bandalos 2018). According to Mwangi et al. (2014) when a census approach of study is taken, the validity of the collected data are improved because the collected information is specific and rich to the population and thus legitimate. The benefit of this instrument was that it provided the researcher with a systematic approach of categorizing the data, examining and assessing it, and finally developing valuable data. Furthermore, this instrument of research has been applied in previous studies (Witkin and Altschuld 1996; Mugenda and Mugenda 2003; Muathe 2010; Mwangi et al. 2014; Musau 2018).

The researcher used multiple panel regression analysis and descriptive statistics. Under descriptive statistics, the mean, standard deviation, minimum and maximum descriptions were analyzed (Mugenda and Mugenda 2003; Saunders et al. 2009). Multiple panel regression was employed to assess how financial risk affected firm performance over the study period (Park 2011).

The researcher extracted information from the source documents then used Excel sheets to arrange and compute the data mined from the financial statements. The data were then imported from excel to STATA version 13.0 for analysis. For longitudinal data to be well interpreted, it needs to be well arranged and analyzed for both times series and cross-sectional variables hence the need for diagnostic tests that were run.

Diagnostic Tests

The following diagnostic tests were conducted; normality test, multicollinearity test, autocorrelation test, heteroscedasticity test, panel unit root test and Hausman test. Correlation

analysis detected presence of multicollinearity between the dependent and independent variables. According to Muriithi (2016), the Jarque–Bera test is necessary prior to estimating the model because it tests the skewness of the data. If the level of skewness of the sampled data were zero, then the dataset was assumed to have a normal distribution. These tests assessed and ensured that the collected data did not violate key assumptions of linear regression model (Wang 2013).

4. Results

The section is structured as follows: descriptive statistics, results of the hypotheses testing and discussion of results.

4.1. Descriptive Statistics

As indicated in Table 4, the mean value for ROE was 0.0254313 with a standard deviation of 0.2514351 and minimum and maximum values of -0.5670951 and 1.156945 , respectively. The negative minimum value observation for ROE reflects that some companies were operating at a loss.

Table 4. Descriptive statistics for the data used in the analysis.

Variable	Mean	Std. Deviation.	Min	Max
ROE	0.0254313	0.251435	-0.567095	1.156945
Credit risk	0.0434844	0.330613	-0.782172	0.782659
Liquidity risk	-1.827569	16.39814	-109.1733	15.31719
Operational risk	0.5475728	0.247773	0.0683761	1.48148

Source: Study Data (2018).

4.2. Hypotheses Testing Results

The three hypotheses were analyzed using panel multiple regression to establish the statistical significance at 95 percent confidence level ($\alpha = 0.05$).

The outcome in Table 5 showed that F statistics value was 78.57 with a p -value of 0.0000 which is less than 0.05. This indicated that financial risks indicators had significant effects on return on equity of commercial and services listed companies in Nairobi Securities Exchange in Kenya.

Table 5. Regression results with return on equity (ROE).

ROE	Coefficient	Standard Error	z	$p > z $
Credit risk	0.5807289	0.3695323	1.57	0.123
Liquidity risk	-0.112057	0.0074164	-15.11	0.000
Operational risk	0.5542459	0.4765494	1.16	0.251
_cons	-0.503449	0.3168256	-1.59	0.119
F statistics = 78.57				
Prob > chi ² = 0.0000				

Source: Study Data (2018).

Theorem 1. Credit risks have no significant effect on the performance of commercial and services companies on NSE, Kenya.

Proof of Theorem 1. In Table 5 the coefficient of credit risk is 0.5807289 and is statistically insignificant with p -value of 0.123 which is greater than 0.05. This shows a positive statistically insignificant effect between credit risk and return on equity. The null hypothesis that credit risk had no significant effect on return on equity of commercial and services companies on NSE in Kenya was not rejected at 5% level of significance. □

Theorem 2. *Liquidity risks have no significant effect on the performance of commercial and services companies on NSE, Kenya.*

Proof of Theorem 2. Table 5 indicates that coefficient of liquidity risk is -0.112057 and is statistically significant with p-value of 0.000 which is less than 0.05. The findings showed that there was a significant negative effect of liquidity risk on return on equity of commercial and service companies listed on NSE in Kenya. Therefore, the null hypothesis that liquidity risk has no significant effect on return on asset of commercial and services companies on NSE in Kenya was rejected at 5% level of significance. \square

Theorem 3. *Operational risks have no significant effect on the performance of commercial and services companies on NSE, Kenya.*

Proof of Theorem 3. From Table 5, the coefficient of operational risk was ($\beta = 0.5542459$, $p = 0.251 > 0.05$). The results showed that there was a positive statistically in-significant effect of operational risk on return on equity of commercial and services companies on NSE in Kenya. Therefore, the null hypothesis that operational risk had no significant effect on return on equity of commercial and services companies on NSE in Kenya. It was not rejected at five per cent level of significance. The finding on operational risk implied that an increase in operational risk lead to an increase in the performance of the firms' as per ROE measure. \square

5. Discussion

The declining trend of performance in commercial and services listed companies between the years 2013 and 2017 triggered the desire for the researcher to undertake this study. The study aimed to investigate the effects of financial risks specifically operational, liquidity and credit risks on performance of commercial and services companies listed on the Nairobi Securities Exchange.

First, the study sought to evaluate the influence of credit risk on the performance of commercial and services companies on NSE, Kenya. The study findings showed that credit risk had a positive insignificant effect on ROE. The null hypothesis that credit risk had no significant effect on return on equity of commercial and services companies on NSE was not rejected at 5% level of significance. The results were consistent with Mutua (2016) who investigated effect of credit risk management on Savings and credit cooperatives in Kenya and found that credit risk had a positive correlation between financial performance as measured by ROE.

The study's second objective sought to establish the influence of liquidity risks on the performance of commercial and services companies on NSE, Kenya. The study findings showed that liquidity risk had a negative and significant effect on ROE. The negative coefficient shows that commercial and service companies at NSE within the period under study experienced high liquidity problems in that the current liabilities at several levels within the years exceeded the current assets, thus being unable to pay all their obligation when they were due. This may have resulted in the reduction in return on equity of the companies. The negative coefficient shows that CAS firms at NSE within the period under study experienced high liquidity problems in that the current liabilities at several levels within the years exceeded the current assets, thus being unable to pay all their obligation when they were due. This may have resulted in the reduction in return on equity of the companies. Therefore, sub null hypothesis that liquidity risk did not significantly affect return on asset of commercial and services firms on NSE in Kenya was rejected at 5% level of significance. The results are in line with (Wani and Ahmad 2013; Kamau and Njeru 2016) who found that liquidity risk had significantly negative effects on return on asset and return on equity.

The third objective of the study was to determine the influence of operational risks on the performance of commercial and services companies on NSE, Kenya. Operational risk had a positive insignificant effect on performance indicators, namely return on equity. Meaning any changes to the cost-to-income ratios affecting the generated revenues of the companies. The null hypothesis assumed

operational risk did not significantly affect return on equity of commercial and services companies on NSE in Kenya. The results concluded that at five per cent level of significance, the null hypothesis was not rejected. This further implied that an increase in operational risk had a positive effect on the performance of the firms' as per ROE measure. However, the findings are inconsistent with Mathuva (2009) whose study found out that operational risk is inversely related with return on equity

6. Conclusions

The study concluded that, for companies to generate more revenues, they needed to manage their financial risks as proxied by ratios. Operational risk that was proxied by cost to income ratio indicated that higher cost-to-income ratios implied that companies were not efficient in controlling costs. They therefore needed to implement cost cutting initiatives to manage expenses. Increased cost-to-income ratios should be an immediate indicator to firms of emerging problems in the cash flow. The study noticed that liquidity proxied by current ratio negatively influenced performance of commercial and services listed companies on NSE in Kenya. The negative coefficients of liquidity risk showed these companies experienced high liquidity problems in that their current liabilities exceeded the current assets. Thus, concluding that these companies were unable to pay all their obligation when they were due. This would adversely affect the company's performance.

Based on the research results, credit risk, liquidity and operational risks are critical, and companies need to pay attention to them. Companies engaging in risk projects can either lose or gain. Informed decisions need to be adhered to in such scenarios. Consequently, managers of companies need to come up with strategies capable of managing these by taking into consideration return on shareholder's equity when dealing with firms' performance of the company. The study also recommends that policy makers and regulators review the external effects of systematic risk on firms' performance.

For future research studies, further considerations can be made on how financial risk affects other non-financial performance metrics when evaluating the effectiveness of a company's performance, management and operations.

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