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# Impatience and uncertainty: Experimental decisions predict adolescents’ field behavior* 

Matthias Sutter ${ }^{\dagger}$, Martin G. Kocher ${ }^{\#}$, Daniela Rützler ${ }^{\wedge}$, and Stefan T. Trautmann ${ }^{\S}$


#### Abstract

We study risk attitudes, ambiguity attitudes, and time preferences of 661 children and adolescents, aged ten to eighteen years, in an incentivized experiment. We relate experimental choices to field behavior. Experimental measures of impatience are found to be significant predictors of health related field behavior and saving decisions. In particular, more impatient children and adolescents are more likely to spend money on alcohol and cigarettes, have a higher body mass index (BMI) and are less likely to save money. Experimental measures for risk and ambiguity attitudes are only weak predictors of field behavior.


Keywords: experiments with children and adolescents; risk; ambiguity; time preferences; health status; savings; external validity; field behavior.

JEL classification: C91; C93; D81; D90.
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## 1. Introduction

Recent research has shown that experimental data on risk and time preferences serve as a good predictor for field behavior, such as occupational choices (Bonin et al., 2007; Burks et al., 2009), credit card borrowing (Maier and Sprenger, 2010), smoking and alcohol consumption (Chabris et al., 2008), or nutrition (Chabris et al., 2008; Weller et al., 2008). For example, Chabris et al. (2008) find that experimentally elicited discount rates can explain inter-individual variation in the BMI (body mass index) or the intensity of physical exercise and smoking in a sample of 555 adults. Burks et al. (2009) present data from 1,000 trainee truck drivers and show how experimentally elicited risk and time preferences - both are correlated with cognitive skills (see Dohmen et al., 2010) - are related to job attachment and duration of staying in a job.

So far, research that relates experimental choices to field behavior has only studied choices of adults. In this paper, we elicit time preferences, risk and ambiguity attitudes of 661 children and adolescents, aged ten to eighteen years. We then relate their experimental choices to behavior in the field, in particular smoking, drinking, the body mass index (BMI), and savings. We find that experimental measures of impatience are significant predictors of field behavior already at an early stage in life. In particular, more impatient children and adolescents are more likely to spend money on alcohol and cigarettes, have a higher body mass index (BMI) and are less likely to save money. Taken together, more impatient children and adolescents have a considerably worse health outlook. However, the experimental measures for risk and ambiguity attitudes are at best weak predictors of field behavior. Only for the BMI we find that our experimental measure of risk aversion is significantly negatively related to the BMI. Hence, more risk averse subjects have a lower BMI.

Studying children's and adolescents' preferences towards delay and uncertainty and the external validity of experimental results is relevant because it provides an important contribution to the optimal design of policy interventions that target children's and adolescents' behavior. In their transition from childhood to adulthood, they experience an increasing number of decisions involving uncertainty and long-term consequences. In many circumstances these decisions do not involve risk - where probabilities are known - but rather ambiguity, where probabilities are unknown or vague (Ellsberg, 1961; Halevy, 2007; Abdellaoui et al., 2011). Important examples include the uncertainties involved in drug intake, the practicing of unprotected sex, or the investment for the future through saving or education. Therefore, we investigate not only risk but also ambiguity attitudes, alongside time preferences.

So far, the evidence on children's risk taking, ambiguity attitudes and impatience is still scarce. The existing literature suggests that children are relatively more risk seeking and delay
averse, i.e., impatient, compared to adults (see, for example, Harbaugh, Krause and Vesterlund, 2002; Levin and Hart, 2003; Bettinger and Slonim, 2007; Levin et al., 2007). Although many decisions of children and adolescents involve both uncertainty and delay, to the best of our knowledge no empirical study has integrated both aspects in a single, unifying research design. Furthermore, none of the previously mentioned studies has examined the predictive power of experimentally elicited attitudes towards uncertainty or delay for field behavior.

The first contribution of this paper is to provide a unified experimental framework to measure delay and uncertainty attitudes for a large sample of children and adolescents. If risk and time-preferences are correlated, as often conjectured, omitting one of the preference factors might lead to a wrong attribution of behavioral effects to the included one (Halevy 2008).

The second contribution of this paper is to link experimentally elicited attitudes of children and adolescents to their field behavior, in particular to health related behavior and saving decisions. In other words, we assess the external validity of experimental measures for children and adolescents. A recent study by Castillo et al. (2010) is related to our approach. They study the link between experimentally elicited time preferences of 13- to 15 -year old children to their disciplinary referrals in school, finding that less patient children have a less favorable outlook for school performance. Castillo et al. (2010) do not consider the influence of both time preferences and attitudes towards uncertainty, however, and they focus on different field behavior than we do. Due to the presumed interaction of time preferences and uncertainty attitudes in many of the significant decisions that children and adolescents face, measuring both attitudes and studying their joint effects on field behavior seems important. Compared to Castillo et al. (2010), we consider a larger age spectrum and a broader array of indicators that target health-related behavior and saving decisions. Putting particular emphasis on health issues (smoking, drinking, and the BMI) of children is relevant for the development of policy interventions that target behavior that has negative long-term consequences on their health and ultimately also on labor market success and economic prosperity (Case, Lubotsky and Paxson, 2002).

In our experiment, we elicit risk, ambiguity and delay attitudes using simple versions of standard choice list tasks that are well-established and widely used in the economics literature. All decisions are incentivized, with cash as the reward medium, paid according to the choices made. ${ }^{1}$ In addition to eliciting economic preferences, we use a questionnaire to relate

[^1]demographic variables and information about subjects' field behavior to attitudes on delay and uncertainty. Our experiment has another noteworthy feature: In contrast to all other studies, our experiment was conducted during regular school hours. That is, we had virtually no drop-outs and, thus, no self-selection into the experiment. Recent papers by Zauberman and Lynch (2005) and Noor (2009) provide theoretical arguments and empirical evidence that self-selected participants in experiments may be those most in need of immediate cash, thus potentially biasing experimental findings in favor of present-biased decisions. Avoiding any self-selection minimizes the possibility of such biases.

In our experiment we find, in the aggregate, patterns of preferences regarding risk, ambiguity, and impatience, that are typically also observed with adult experimental participants (Frederick, Loewenstein and O'Donoghue, 2002; Dohmen et al., 2011). On average, our participants are risk averse, ambiguity averse and impatient. Interestingly, we find hardly any age effect within each dimension (of risk, ambiguity and patience), indicating that these preferences are pretty stable in the age group of 10- to 18-year olds. As is standard in the literature on adults' risk aversion, we also find a strong gender difference such that girls are more risk averse than boys (Croson and Gneezy, 2009). High ability students measured by their math grades are more patient. Importantly, there is a significant relation between risk aversion and time preferences, with more risk averse subjects being more patient. Looking at the predictive power of experimental decisions for behavior in the field, we observe that for children and adolescents time preferences are a strong predictor of health-related field behavior and saving decisions, as already indicated above. However, the link between laboratory behavior and field behavioral measures is only weak for risk and ambiguity attitudes.

The rest of the paper is organized as follows. In section 2 we describe the data set and the general features of the experimental study. Sections 3 and 4 present the specific designs and results of the uncertainty and delay attitude elicitation, and the effects of individual background variables on these measures. In these sections we also discuss where our results replicate findings in the literature or deviate from them. Following previous papers (Keren and Roelofsma, 1995; Bettinger and Slonim, 2007; Halevy, 2008), we assume that delay often implies uncertainty, and we use uncertainty attitudes elicited in section 3 as explanatory

[^2]variables in the analysis of time preferences in section 4. In section 5, we study how our experimental measures relate to field behavior with respect to smoking, drinking, the BMI and saving decisions. Section 6 discusses our main findings and concludes the paper.

## 2. Subject pool and general experimental setup

### 2.1. Subject pool

We conducted experiments with a total of 661 children and adolescents, aged ten to eighteen years. The experiments were run in three Austrian schools, comparable to US high schools, in Innsbruck and Schwaz, two cities in the Federal State of Tyrol, between October 2007 and May 2008. We randomly selected different classes in $5^{\text {th }}, 7^{\text {th }}, 9^{\text {th }}$, and $11^{\text {th }}$ grade. The youngest participants were 10 years old, the oldest ones 18 years. The distribution of students across grades and gender is shown in Table 1. The study was approved by the central school administration board of Tyrol, and the principals of the participating schools gave permission to conduct the experiments in class during regular school hours. Parents were informed about the experiment and the collection of demographic background data. All children got their parent's permission to participate. Besides asking parents for consent, we also asked all students for their willingness to participate in the experiments. No single student dissented.

## Table 1 about here

### 2.2. General experimental setup

The experiments involved real monetary payoffs and each subject got paid according to his or her choices. Payoffs used were between $€ 4$ and $€ 14$ (see sections 3 and 4 as well as the experimental procedure documented in Appendix A1). All students faced exactly the same decision tasks, instructions and payoffs (except for a minor variation in reward levels to test for payoff effects, see section 3). Students were aware that they could earn money in the experiments and that their payoffs would depend on their choices. Payoffs were determined and paid in cash immediately, except for future payoffs in the time preference experiment, which were paid (again in school) on a predetermined date in the future (see section 4).

All experimental sessions were run jointly by the first author (male) and the third author (female) of this study in the students' classrooms during regular school hours. At the end of
experimental sessions demographic background variables and additional survey data were collected through self-reports (see Appendix A2 for the questionnaire).

We elicited risk and ambiguity attitudes and time preferences through choice lists. Each subject faced a number of ordered choices where a gamble (or an immediate payoff) was compared to an increasingly attractive sure (or future) payoff. Choice lists have been widely used in the economics literature (see, for example, Holt and Laury, 2002; Dohmen et al., 2010). They allow conditioning real payoffs on actual choices in an incentive compatible way. The structure of such lists typically provides subjects with relatively easy choices at the top and bottom (where the tradeoff between a sure amount and a gamble, respectively a smaller early payment and a larger delayed payment, is usually easy to resolve) and therefore helps subjects to focus on the difficult choices (typically in the middle) where the preference between the sure payoff and the gamble, respectively the early and delayed payment, becomes weak.

Despite their simplicity, choice list elicitations sometimes yield inconsistent choices when subjects switch repeatedly between early and delayed payments (or the sure payoffs and the gamble) and sometimes choose the gamble over a sure payoff that is identical to the gamble's large prize (Holt and Laury, 2002; Bettinger and Slonim, 2007). Although some authors have tried to recover consistent preferences from inconsistent choice lists (e.g., Bettinger and Slonim, 2007; Lammers and van Wijnbergen, 2008), we believe that most of the inconsistencies we observe are actually due to mistakes or misunderstandings and that no consistent preferences can be recovered from the lists involving inconsistent choices. We have therefore eliminated all subjects with inconsistent choices (either in the uncertainty or the time preference experiment; see right-hand side of Table 1) from the analysis. This leaves us with 638 (out of 661) subjects with complete and consistent data. The pretty high level of consistent choices is probably a consequence of putting a lot of effort in explaining the choice lists to our participants, going through many examples and answering any remaining questions after carefully explaining the experiment. It is also important to note that our choice lists for eliciting uncertainty attitudes were significantly easier than the choice lists based on Holt and Laury (2002), which are often used in the literature. In contrast to Holt and Laury (2002), our subjects did not compare two different gambles with changing probability distributions along the list. Rather, they had to compare one (fixed) gamble to a sure amount that increased monotonically. Violations of monotonicity through multiple switching as, e.g., in the preference $€ 4 \succ$ gamble $\succ € 5$ became therefore obvious and were much easier to avoid.

In principle, utility models for risk and ambiguity can be calibrated from the observed switching points (as in Holt and Laury, 2002, for instance). Similarly, discounting models for
time preferences can be estimated from the choice lists for delay (Bleichrodt, Rohde and Wakker, 2009; Attema et al., 2010). However, we decided to study preferences and their effects on field behavior in terms of the raw switching points to avoid any confounding effects due to (arbitrary) parametric assumptions. That is, we will define certainty equivalents for uncertainty tasks and future equivalents for delay tasks and relate them to demographics and field behavior directly, i.e., model-free.

## 3. Risk and ambiguity attitudes

### 3.1. Method

We elicited risk and ambiguity attitudes within the framework of the Ellsberg two-color choice task (Ellsberg, 1961). Subjects were presented with two bags with twenty balls each. The balls were either white or orange. Subjects could win a fixed amount of money (see below) by betting on the color of their choice to be blindly drawn from a bag by themselves. One of the bags, the risky prospect, contained exactly ten white and ten orange balls, the distribution being known (and shown) to the subjects. The other bag, the ambiguous prospect, contained twenty balls that were either white or orange. The exact numbers of either color were unknown to the subjects. Note that no reference was given to probabilities for either bag. Rather, both prospects were described and actually played in terms of balls drawn from bags.

For each prospect we presented subjects with a series of choices between playing the aforementioned bet or taking a sure payoff instead. The choices for each prospect were arranged in a list that offered the choice between increasing sure amounts and the gamble. An excerpt from the list that has been used in the experiment is shown in Figure 1 (see also Appendix A1).

Figure 1 and Figure 2 about here

Subjects made twenty ordered choices for the risky prospect and twenty choices for the ambiguous prospect, with changing orders between subjects. All choices were numbered, and one of the choices was randomly determined by lot to be played for real payoffs. Depending on the subject's decision in the selected choice problem she would either play the gamble by betting on a color and drawing one ball from the bag or receive the sure payoff instead.

From the two choice lists we calculated the subject's certainty equivalents for the prospects as the midpoint between the two sure payoffs where the subject switched from the gamble to the sure payoff. In the example in Figure 2, the certainty equivalent is calculated as $€ 3.75$. ${ }^{2}$

### 3.2. Payoffs

If subjects choose to play the gamble, they choose a color first and then blindly draw a ball from the bag. If the color drawn matches the color chosen before, they receive a prize. Otherwise they receive nothing. The prize was fixed at $€ 10$ for 472 out of 638 subjects, irrespective of their age. Keeping the prize constant allows us to have exactly the same design for all age groups. Of course, the $€ 10$ prize might be perceived differently by the younger cohorts than by the older cohorts in our experiment, perhaps confounding age and stake size effects. To control for stake size effects we introduced a prize variation in part of the sample (for 166 out of the 638 subjects with consistent choices), increasing the prize from $€ 6$ for $5^{\text {th }}$ graders in steps of $€ 2$ up to $€ 12$ for $11^{\text {th }}$ graders. In addition to the payoffs from the experiment each participant received a show-up fee of $€ 2$.

Denote the prize in the gamble with $\pi$. The sure payoffs in the choice lists always varied from $\pi / 20$ to $\pi$ in twenty evenly spaced steps. For instance, in the $€ 10$-prize group the smallest sure amount was $€ 0.50$, and each step added $€ 0.50$ to the sure amount. As a consequence, we kept the number of items in the choice list constant across payoff variation groups, eliminating possibly confounding list structure effects.

### 3.3. Attitude measures

We define measures of risk and ambiguity attitudes based on certainty equivalents (Wakker 2010, chapter 11). As a measure of individual risk attitude $r$ we use

$$
\begin{equation*}
r=1-C E_{R} / \pi \tag{1}
\end{equation*}
$$

where $C E_{R}$ denotes the certainty equivalent of the risky prospect, and individual subscripts are omitted. Values of $r$ smaller (larger) than 0.5 indicate risk loving (risk aversion), with risk neutrality for $r=0.5$. As a measure of ambiguity attitude we employ the value $a$,

[^3]\[

$$
\begin{equation*}
a=\left(C E_{R}-C E_{A}\right) /\left(C E_{R}+C E_{A}\right) \tag{2}
\end{equation*}
$$

\]

with $C E_{A}$ being the certainty equivalent of the ambiguous prospect. This measure ranges from -1 (extreme ambiguity loving) over 0 (ambiguity neutrality) to 1 (extreme ambiguity aversion). The larger the difference between the two certainty equivalents, the stronger is the ambiguity attitude, controlling for the absolute level of risk and ambiguity attitude. The normalization controls for the fact that, for example, a $€ 2$-difference weighs more heavily for a subject who is relatively risk averse (e.g., with a certainty equivalent of $€ 3$ for the risky prospect) than for a subject who is relatively risk neutral (e.g., with a certainty equivalent of $€ 5$ for the risky prospect).

### 3.4. Results

Risk aversion. In the aggregate, we find significant risk aversion in our sample, with a mean (median) measure of risk aversion of $r=0.57$ ( 0.53 ) ( $p<0.001$, Wilcoxon signed-ranks test ${ }^{3}$, testing whether $r$ is different from 0.5). A regression, including demographic background variables, is shown in Table 2. It reveals first and foremost a clear gender effect: girls are significantly more risk averse than boys. ${ }^{4}$ Age does not have a significant effect. All other independent variables are not significant, either. ${ }^{5}$ Among them are the grades for math and German. These grades were obtained from the teachers. They are coded as relative grades in comparison to a class's average grade. Positive variables indicate that a subject has a better grade than the class average, negative grades the reverse.

## Table 2 about here

Ambiguity aversion. A clear majority of our sample is ambiguity averse. The mean (median) ambiguity aversion for the whole sample yields $a=0.13$ ( 0.07 ) ( $p<0.001$, Wilcoxon signed-ranks test, testing whether $a$ is different from 0 ). The regression in Table 2 shows that there are neither gender nor age effects for ambiguity preferences. The number of siblings increases the level of ambiguity aversion weakly significantly. Higher prizes make subjects

[^4]weakly significantly less ambiguity averse, meaning that with higher stakes certainty equivalents become more similar for the risky and ambiguous prospects. Subjects with better German grades are more ambiguity averse. Other background variables are not significant.

### 3.5. Discussion

Overall, we find a considerable degree of risk and ambiguity aversion for our sample of children and adolescents. Interestingly, there are no age effects on risk and ambiguity aversion, contrary to an earlier study by Harbaugh et al. (2002), for instance. The practical absence of self-selection of participants into our experiments might be responsible for the different results. The strong gender effect for risk aversion found here is a standard result for adults, however (Croson and Gneezy, 2009). It shows that in our large sample of children and adolescents, girls are more risk averse than boys.

In our study, ambiguity aversion does not change with age, but it is prevalent in all age groups, and ambiguity attitudes seem to be influenced by different factors than risk attitudes, since there is no overlap between the factors affecting risk and ambiguity preferences. Most strikingly, while gender has a strong influence on risk attitudes, no effect is found for ambiguity attitudes. These results are in line with findings in Borghans et al. (2009) for a sample of fifteen and sixteen year old high school students. Ambiguity is influenced by social factors, though, like the number of siblings. This result is consistent with social explanations of ambiguity attitudes proposed by Curley, Yates and Abrams (1986), Morris (1997), or Trautmann, Vieider and Wakker (2008), for instance.

## 4. Attitudes toward delayed payoffs - Measuring impatience

### 4.1. Method, payoffs, and attitude measures

Attitudes toward delay - or a subject's impatience - were elicited by letting subjects choose between sure payoffs at two different points in time. We used choice lists where the early payoff remained fixed, and the later payoff was increased monotonically along the list, starting with the payoff at the earlier time point (see Figure 3 for an example and appendix A1).

Figure 3 and Figure 4 about here

From the lists we calculated the future equivalent of the fixed payoff at the earlier point in time as the midpoint between the two later payoffs where a subject switches from the earlier to the later payment. In Figure 4, for example, the future equivalent equals $€ 11.40$. A larger future equivalent indicates stronger delay aversion, i.e., impatience.

We presented to each subject eight different choice lists. The lists differed by the stake size of the early payoff (either $€ 4.05$ or $€ 10.10$ ) and by the timing of the early and/or late payoffs. The amounts in the lists increased in steps of $€ 0.10$ ( $€ 0.20$ ) from $€ 4.05$ ( $€ 10.10$ ) to $€ 5.95$ (€13.90). For each stake size we elicited preferences for four different timing combinations of payoffs, summarized in Figure 5. In the first list subjects made choices between receiving a payoff today (upfront-delay of zero) versus receiving a payoff in three weeks (delay of three weeks). The second list maintained the three weeks delay, but shifted it into the future by having the early payment only in three weeks (i.e., the upfront-delay was three weeks). List 3 required choices between a payoff today and a payoff in one year, and list 4 shifted the latter list into the future by having an upfront-delay of three weeks again.

Figure 5 about here

Note that choice lists 1 and 2 measure the attitude toward an identical delay (of three weeks) with and without an upfront-delay, similarly for choice lists 3 and 4 where the delay is one year. Comparison of future equivalents between these lists allows us to test for constant versus hyperbolic discounting/present bias (Laibson, 1997; Prelec, 2004; Bleichrodt et al., 2009). If future equivalents are higher for list 1 than for list 2 and for list 3 than for list 4, the immediate payment receives more weight than the early payment in three weeks time, indicating hyperbolic discounting. Recall that these four timing combinations were used both for high and low stakes to control for stake size effects.

Subjects filled out the eight choice lists in a random order. One list and one item on the list were randomly selected after all choices had been made. Payoffs were paid out at the date chosen by the subject in the selected choice problem.

### 4.2. Payment procedures for delayed payoffs

A potential problem in time preference experiments with real payoffs concerns the equivalence between different time points in terms of transaction costs and uncertainty about delivery of the payment. Some researchers have therefore argued for the use of hypothetical payoffs in such
tasks (Read, 2005). Other approaches have used dated checks or vouchers (e.g., Anderhub et al., 2001; McClure et al., 2004) or delivered the money in person to each single participant on the relevant day for payment (Albrecht et al., 2011). In general, researchers acknowledge the empirical problems and try to minimize confounds through uncertainty and transaction costs, an approach also taken in the present paper.

Transaction costs. The experiment was part of a larger series of experiments conducted at all participating schools, with researchers coming to the schools on a regular basis over a period of two years. The time frame involved in the delay task (with payments up to one year and three weeks in the future) was completely covered by the two-year period, implying practically no additional transaction costs of future payments. This is assuming that students stay at their school, of course. Mobility is very low in Austria - compared to the U.S., for instance - and is not a factor in children's decisions. For those who did go to another school it was guaranteed through the principal's office that they would receive their payment by mail. In fact, no students left school for the three-week and six-week periods. During the one year period, seven students (roughly $1 \%$ ) left their school and received their payments by mail.

Uncertainty of future payment. The time preference experiment was preceded at earlier dates by other experiments in which the students earned money exactly as described in the provided instructions, building up students' trust in our experimental procedure and credibility. ${ }^{6}$ Furthermore, parents, principals and teachers had consented to this long-term project, adding to the trustworthiness of the researchers and reducing the possible uncertainty surrounding future payments.

### 4.3. Results

In Table 3 we analyze the determinants of subjects' impatience. We take a subject's future equivalent in each of the eight choice lists as the dependent variable in the regression (that clusters on single subjects). As independent variables we use dummies to account for the presence of an upfront-delay $(=1)$, of high stakes $(=1)$, and of a one-year delay $(=1)$. We also consider two-way interaction terms of these three dummies to account for interaction effects. ${ }^{7}$ Gender is also interacted with these dummies because gender differences in impatience might be

[^5]related to the details of intertemporal choice. Finally we add risk aversion and ambiguity aversion as explanatory variables, and include all background variables used before.

## Table 3 about here

Looking at the three dummy variables we note that high stakes increase the future equivalent by about 6.8 Euros. This is significantly higher than 6.05 Euros, the difference between low and high stakes ( $p<0.001$; Wald-test). Experiencing a delay of one year instead of only three weeks adds another 0.44 Euros. The dummy for having an upfront-delay of three weeks (until the early payoff is received) is not significant. Only in the case where an upfront delay is combined with high stakes and a one-year waiting period we find significant hyperbolic discounting ("upfront-delay" + "upfront-delay*high stakes" + "upfront-delay*one-year delay" = $0 ; p<0.01$; Wald-test). In this case the future equivalent is an estimated 0.04 Euros higher if there is no upfront-delay (reward is available today), compared to an upfront-delay of three weeks.

Importantly, we find that more risk averse subjects are more patient, i.e., have a smaller future equivalent ceteris paribus. Ambiguity aversion has no effect, though, nor has age. Subjects with better math skills (i.e., a better math grade relative to the class average) are also more patient, indicating a relation between analytic skills and patience (or self-constraint). Gender does not have a significant main effect on a subject's patience. However, the interaction term "female*high stakes" is significantly negative ( $\mathrm{p}<0.05$; Wald-test), indicating that with high stakes girls are actually more patient than boys. We also observe two weakly significant effects. A higher number of siblings makes subjects more impatient, perhaps because they experience in their families that waiting can increase the risk of not getting a particular thing because it is already consumed or appropriated by a sibling. Students who receive more weekly pocket money are less patient in our task. This might seem surprising at first sight because one could presume that children receiving small amounts of pocket money are more liquidity constrained and therefore less patient. A conceivable explanation for our finding could be that children receiving more pocket money are less used to exert financial self-constraint and are therefore less able to do so in the experiment.

## Table 4 about here

The future equivalents observed in the eight choice lists can be used to calculate implicit annual discount rates. ${ }^{8}$ Table 4 presents the median annual discount rates. Not surprisingly, they are considerably larger for the short delay (of three weeks only) than the long delay (of one year) and also higher for low stakes than for high stakes. Interestingly, though, the median annual discount rates are practically identical for choice lists with or without an upfront delay of three weeks, indicating that hyperbolic discounting is at best of minor importance in this data-set.

### 4.4. Discussion

In contrast to other studies (see Frederick et al., 2002) we find no unambiguous evidence for hyperbolic or present biased discounting. Rather, hyperbolic discounting is only significant with the longest possible waiting time (of one year) and high stakes. As we have argued, uncertainty and transaction costs involved in the future payoffs were comparatively low in our study. Since other studies also controlled for these factors this is unlikely to fully account for the very weak evidence of a present bias. Perhaps more relevant as an explanation for our results is the fact that all students of the recruited classes did actually participate in the experiments. That is, in contrast to other studies, there was no self-selection of participants into the experiment. Recent papers by Zauberman and Lynch (2005) and Noor (2009) present theoretical arguments and empirical evidence that self-selected participants in experiments may be those most in need for immediate cash, i.e., those with present-biased decisions. This might bias results of estimations in favor of finding present-biased discounting in other studies. The absence of self-selection in our experiment is therefore a promising candidate to explain our weak evidence for hyperbolic discounting. In general, we find annual discount rates and variation in these rates across time range and stake size similar to those reported in other studies (see Frederick et al., 2002).

Interestingly, higher individual levels of risk aversion as measured in the first experiment predict more patience. This is in line with earlier findings (Keren and Roelofsma, 1995). There are no robust age effects and no effects of ambiguity attitude on patience, however. Concerning the relation of risk attitudes and patience, we note that impatience has been related to low selfcontrol and impulsivity (Mischel, Shoda and Rodriguez, 1989; Reynolds et al., 2006). Risk tolerance has similarly been related to impulsivity (Vuchinich and Calamas, 1997; Zaleskiewicz, 2001; Levin and Hart, 2003; Borghans et al., 2009). While these studies have confirmed a

[^6]relationship between impatience and risk tolerance for adults, our results on time preferences extend these findings to decision making of children and adolescents. A lower risk tolerance is associated with less delay aversion, or put the other way, more risk averse students are more patient.

High ability students (with respect to math grades) are also more patient. This effect is consistent with findings in Steinberg et al. (2009) and Castillo et al. (2010), and it suggests that intellectual capacity helps to overcome the temptations of immediate gratification. Finally, we have found women to be more patient under high-stakes conditions, but not under low-stakes conditions. Bettinger and Slonim (2007) and Castillo et al. (2010) have found women to be more patient in intertemporal choice. In contrast to these studies, our experiments adds variation in stake size and length of the delay. Our results thus indicate that these variables are important moderators of the gender effect. Because our high stake was similar to the stake size in the previous literature, the result suggests that boys become relatively more impatient than girls as stakes increase.

## 5. Experimental measures and field behavior

All previous studies relating field behavior to experimental measures of impatience or uncertainty attitudes consider only either time preferences or uncertainty attitudes as explanatory variables. In the present study we consider both dimensions, time and uncertainty and use experimental measures of risk, ambiguity, and delay attitudes to explain field behavior of children and adolescents. We put particular emphasis on the relation of experimental measures to health-related behavior, a question that has, so far, only been studied for adults (Chabris et al., 2008; Weller et al., 2008).

We have collected data on four particular dependent variables in a post-experimental questionnaire (see Appendix A2). The variable "body mass index" (BMI) is a continuous variable ${ }^{9}$, allowing us to use least squares regressions. The other three variables are constructed as binary variables, indicating the use of probit regressions. The variables "smoking" and "alcohol consumption" are coded as one if subjects indicated in the questionnaire to spend

[^7]money for cigarettes and alcohol respectively. Likewise, "saving" is coded one if subjects indicated to save money. These binary variables provide sufficient variation for our subject pool, and the related questions in the survey are far less intrusive than questions about the exact amount of, for instance, alcohol consumption or cigarettes smoked per day or week. They are obviously less prone to measurement error. A look at the raw data shows that the binary questions elicited answers that truly reflect behavior. For instance, according to our data the proportion of students that spend pocket money on alcohol rises monotonically from $2.4 \%$ at an age of twelve years to $85.7 \%$ at an age of 18 years. ${ }^{10}$

Table 5 presents the regression results in a condensed form (while the single regressions underlying Table 5 are presented separately in Table 6 for the reader's convenience). We have run for each of the eight measures of impatience (i.e., for the future equivalent in each single choice list) one regression for each of our four dependent variables. This is a conservative approach that checks whether different choice lists for time preference tasks yield a different impact of future equivalents on the dependent variables. Only if the data on impatience from all eight choice lists lead basically to the same result, we can confidently conclude that impatience has a robust influence in a certain direction.

## Table 5 and Table 6 about here

To simplify the presentation of results in Table 5 we only show the significant signs of the effects on behavior. In fact, the signs of significant coefficients are always identical for all eight regressions for each of the four dependent variables, providing a first indication that the eight different regressions produce a consistent pattern. In parentheses in Table 5, we report the number of times ( $\mathrm{x} y \mathrm{z}$ ) an independent variable is significant at the $1(=x), 5(=y)$, and $10(=z)$ percent level. For instance, "-( $\left.\begin{array}{lll}8 & 0 & 0\end{array}\right) "$ means that an independent variable is significantly negative in all eight regressions on the 1 percent level.

Our measure for impatience predicts most field behavior strongly and significantly. More impatient students are more likely to spend money for smoking and alcohol consumption and are less likely to save. For the body mass index our measure of impatience yields significant results only for two out of eight regressions, such that in these cases more impatient students have a higher BMI. The body mass index is strongly associated with risk aversion, however. More risk

[^8]averse students have a lower BMI. For the other three dependent variables risk aversion has no significant impact. Ambiguity is only significant for smoking habits. Those students who are more ambiguity averse smoke less. In general, we find that adding impatience, risk and ambiguity aversion as explanatory variables explains a significant amount of variation. The inclusion of these variables improves the explained variance by 0.04 for saving, 0.03 for smoking, and 0.01 for drinking as well as for the body mass index.

All demographic background variables have the expected signs and therefore largely confirm expectations. For instance, smoking and drinking increase significantly with age, while saving goes down. Gender effects are rather small. We find that girls have a weakly significantly lower BMI across all regressions. ${ }^{11}$ Intellectual capacity as measured by math grades is important. Students with better math grades are more likely to save money and less likely to smoke. There seems to be also a tendency of smarter students drinking less alcohol. Having more pocket money has a clear association with alcohol consumption, though. Being less financially constrained (through higher amounts of pocket money) increases the likelihood of spending money for alcohol.

The general picture emerging from Table 5 suggests that impatience is more important than uncertainty attitudes in shaping the field behavior that we were interested in here. Only for the BMI and smoking we find evidence that both delay and uncertainty aversion have a joint influence. This provides evidence for the presumption that especially delay aversion and, to a lesser extent, low levels of risk aversion and ambiguity aversion are related to low levels of inhibition of impulse-driven behavior.

Overall, our results on field behavior involving delay and uncertainty are broadly consistent with the findings for adults. In particular, our study of school children replicates the effects of impatience on health and financial behaviors shown for adults. The magnitudes of the effects are similar to those reported in Chabris et al. (2008), for instance. Chabris et al. (2008) also point out that the relatively small effects of delay aversion on single activities may accumulate to substantial effects in total. The same holds true for our study. We find that more impatient children are more likely to smoke, drink alcohol and have a higher body mass index, leading to an overall far less favorable health outlook compared to more patient children.

[^9]
## 6. Conclusion

In this paper, we have analyzed how experimentally elicited risk and ambiguity as well as time preferences of children and adolescents relate to field behavior concerning decisions with delayed and uncertain outcomes such as health-related behavior or savings. Our experiment has been run in three different schools by randomly selecting several classes from $5^{\text {th }}, 7^{\text {th }}, 9^{\text {th }}$, and $11^{\text {th }}$ grade, including in total 661 students, aged ten to eighteen years. A particularly noteworthy feature of our experiment is the absence of selection effects of students. Since the experiments were run during regular school hours there were no drop outs. Hence, our results cannot be biased from self-selection into experimental participation.

In the experiment, we have found clear evidence for delay, risk and ambiguity aversion in the aggregate. Our findings for children and adolescents are largely in line with adult populations (Frederick et al., 2002; Croson and Gneezy, 2009; Dohmen et al., 2010; Wakker, 2010). Considering the effects of demographics on attitudes, it seems interesting to note that for our sample of ten- to eighteen-year olds we have found no age effects in any dimension (risk, ambiguity, impatience). If age plays a role, this might be before the age of ten, as the results in Harbaugh et al. (2002) suggest. We have been able to replicate the standard finding that women are more risk averse than men (Croson and Gneezy, 2009). Similarly, women have been found to be more patient, like in Bettinger and Slonim (2007) or Castillo et al. (2010). However, the latter finding is restricted to the time preference tasks with high stakes only. For low stakes, there are no gender differences with respect to impatience in our data. Our variation of various dimensions in the elicitation of time preferences (with respect to upfront-delay, high stakes and delay period) has allowed us to investigate gender differences in patience in more detail. Concerning cognitive abilities, better math grades have been associated with more patience.

Turning to the relation of risk and ambiguity attitudes with time preferences, we have found that more risk averse subjects are more patient. Ambiguity attitudes, however, have no effect on impatience. Interestingly, in our subject pool we have seen little evidence for presentbiased preferences, i.e., hyperbolic discounting. Since the existing evidence for present-biased preferences could be influenced by the self-selection of subjects into experiments (Zauberman and Lynch, 2005; Noor, 2009), our findings might be explained by the lack of self-selection into the experiment.

The key finding of this paper, however, concerns the relationship of experimental measures and field behavior. Most importantly, we have found that students who are more impatient in the time preference experiment are less likely to save money, more likely to smoke, more likely to consume alcohol and have a higher body mass index. Taken together, these effects lead in
particular to an overall far less favorable health outlook for impatient students than for those students who are more patient, i.e., less delay averse. In contrast to our experimental measures of impatience, we have shown that the elicited risk and especially ambiguity attitudes are less frequently good predictors of field behavior. Only for the body mass index we have observed a significantly negative influence of risk aversion, indicating that more risk averse students have a lower BMI. A higher level of ambugity aversion seems to be weakly related to less smoking. The generally low predictive power of risk attitudes for field behavior has been found earlier for adults already (Dohmen et al., 2011). Our study corroborates this finding for a large sample of children and adolescents. We consider this an important result, since the existence of a relation between experimental measures and field behavior for children and adolescents concerns a period in life where policy interventions might most easily be implemented.

Given our findings on the negative effects of impatience on saving decisions and health status already for children and adolescents, it seems an important avenue for future research to address possible behavioral or educational interventions that might moderate impatience in children and adolescents, since impatience in childhood and adolescence can have strongly negative long-term consequences, in particular for a person's health condition. The literature on active decision making and optimal defaults to help overcome working professionals' myopia in saving for retirement (see, e.g., Carroll et al., 2009) has not been extended to children's and adolescents' decisions, yet. However, it seems plausible that active decision making (for choosing healthier food or exercising more frequently, for instance) and defaults (regular weight controls in schools, for example) might contribute to overcome the negative effects of the existing preference for impatience in children and adolescents.

Our study suggests that preferences concerning the timing and the uncertainty of payoffs seem to be formed early in childhood and stay constant later on, since we have found no age effects. Using experimental measurements as in the current study may help identifying those children that are, for instance, at risk of unhealthy behavior even before such behavior sets out. Interventions could then be better focused on those individuals instead of targeting the whole groups and could be applied, if necessary, relatively early in life to maximize the potential benefits.

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## Tables

Table 1: Distribution of participants by age and gender

| Age <br> (years) | Grade | Total | \# girls | \# boys | \# inconsistent choice list |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Uncertainty | Delay |  |  |  |  |  |
| $10-11$ | $5^{\text {th }}$ | 208 | 118 | 90 | $5(2 \%)$ | $6(3 \%)$ |
| $12-13$ | $7^{\text {th }}$ | 184 | 94 | 90 | $4(2 \%)$ | $3(2 \%)$ |
| $14-15$ | $9^{\text {th }}$ | 135 | 76 | 59 | $3(2 \%)$ | $2(1 \%)$ |
| $16-18$ | $11^{\text {th }}$ | 134 | 71 | 63 | $0(0 \%)$ | $0(0 \%)$ |
| SUM |  | 661 | 359 | 302 | $12(2 \%)$ | $11(2 \%)$ |

Table 2: OLS-regression analysis for risk and ambiguity attitude

| ExplanatoryvariablesDependent <br> variable | Risk aversion |  | Ambiguity Aversion |  |
| :---: | :---: | :---: | :---: | :---: |
| Female | 0.069*** | (0.019) | 0.022 | (0.019) |
| Age (in years) | -0.005 | (0.005) | 0.007 | (0.005) |
| \# of siblings | -0.005 | (0.009) | 0.017* | (0.009) |
| Pocket money per week | -0.000 | (0.001) | -0.001 | (0.000) |
| Size prize urns | -0.001 | (0.009) | -0.015* | (0.009) |
| German grade\# | 0.015 | (0.011) | 0.024** | (0.011) |
| Math grade ${ }^{\#}$ | -0.005 | (0.010) | -0.001 | (0.011) |
| No. of observations | 638 |  | 638 |  |
| R squared | 0.039 |  | 0.032 |  |

Notes. ${ }^{* * *},{ }^{* *}$, denote significance at the $1 \%, 5 \%, 10 \%$ level, robust standard errors in parentheses. Positive coefficients imply increasing risk/ambiguity aversion.
\# Grades are relative to the average in class. Positive variables indicate better than average performance.
Controls for counterbalancing the two choice lists included.

Table 3: OLS-regression analysis for impatience (future equivalents)

|  | Future equivalent |  |
| :--- | :---: | :---: |
| Explanatory |  |  |
| Variables | 0.030 | $(0.021)$ |
| Upfront-delay | $6.785^{* * *}$ | $(0.046)$ |
| High stakes | $0.443^{* * *}$ | $(0,035)$ |
| One-year delay | $-0.045^{* *}$ | $(0.021)$ |
| Upfront-delay*high stakes | $-0.049^{* *}$ | $(0.021)$ |
| Upfront-delay*one-year delay | $0.369^{* * *}$ | $(0.031)$ |
| High-stakes*one-year delay | -0.047 | $(0.048)$ |
| Female | 0.018 | $(0.026)$ |
| Female*upfront-delay | $-0.149^{* * *}$ | $(0.057)$ |
| Female*high stakes | 0.025 | $(0.050)$ |
| Female*one-year delay | 0.009 | $(0.017)$ |
| Age (in years) | $-0.384^{* *}$ | $(0.154)$ |
| Risk aversion | 0.062 | $(0.125)$ |
| Ambiguity aversion | $0.066^{*}$ | $(0.037)$ |
| \# of siblings | $0.005^{*}$ | $(0.002)$ |
| Pocket money per week | 0.036 | $(0.042)$ |
| German-grade\# | $-0.186^{* * *}$ | $(0.038)$ |
| Math-grade | 638 |  |
| No. of observations | 0.924 |  |
| R squared |  |  |

Notes. ${ }^{* * *},{ }^{* *}, *$ denote significance at the $1 \%, 5 \%, 10 \%$ level, robust standard errors in parentheses. Clustered for individual subjects.
Positive coefficients imply higher future equivalents, i.e., more impatience.
\# Grades are relative to the average in class. Positive variables indicate better than average performance.

Table 4: Median annual discount rates (\%)
$\left.\begin{array}{lcccc}\hline \hline \text { Stake size } & \text { Delay } & \text { 3 weeks } & \begin{array}{c}\text { 3 weeks with } \\ \text { upfront delay }\end{array} & \text { 1 year }\end{array} \begin{array}{c}\text { 1 year with } \\ \text { upfront delay }\end{array}\right]$

Table 5: Determinants of field behavior (OLS- and Marginal-Probit-Regression) - Overview*
$\left.\begin{array}{lcccc}\hline \hline & \text { Saving } & \text { Smoking } & \text { Alcohol consumption } & \text { Body mass index } \\ \hline \text { Impatience (future equivalent) } & -\left(\begin{array}{lll}8 & 0 & 0\end{array}\right) & +\left(\begin{array}{lll}2 & 4 & 1\end{array}\right) & +\left(\begin{array}{ll}4 & 3\end{array}\right) & +\left(\begin{array}{l}0\end{array}\right) \\ \text { Risk aversion } & & & & -\left(\begin{array}{lll}0 & 8 & 0\end{array}\right) \\ \text { Ambiguity aversion } & -\left(\begin{array}{lll}8 & 0 & 0\end{array}\right) & +\left(\begin{array}{ll}8 & 0\end{array}\right) & & \\ \text { Age } & & +\left(\begin{array}{lll}0 & 0 & 1\end{array}\right) & & \\ \text { Female } & & & 0\end{array}\right)$

[^10]Table 6: Regressions behind Table 5

Panel A: Determinants of field behavior: Saving (Marginal-Probit-Regression)

| Explanatory variables | Dependent variable: Saving |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Model A | Model B | Model C | Model D | Model E | Model F | Model G | Model H |
| Delay aversion | $\begin{gathered} \hline-0.035^{* * *} \\ (0.012) \end{gathered}$ | $\begin{gathered} -0.036^{* * *} \\ (0.011) \end{gathered}$ | $\begin{gathered} \hline-0.019^{* * *} \\ (0.006) \end{gathered}$ | $\begin{gathered} -0.018^{* * *} \\ (0.006) \end{gathered}$ | $\begin{gathered} -0.045^{* * *} \\ (0.012) \end{gathered}$ | $\begin{gathered} \hline-0.047^{* * *} \\ (0.012) \end{gathered}$ | $\begin{gathered} \hline-0.023 * * * \\ (0.005) \end{gathered}$ | $\begin{gathered} -0.022^{* * *} \\ (0.005) \end{gathered}$ |
| Risk aversion | $\begin{gathered} 0.016 \\ (0.033) \end{gathered}$ | $\begin{gathered} 0.018 \\ (0.034) \end{gathered}$ | $\begin{gathered} 0.009 \\ (0.033) \end{gathered}$ | $\begin{gathered} 0.013 \\ (0.033) \end{gathered}$ | $\begin{gathered} 0.017 \\ (0.030) \end{gathered}$ | $\begin{gathered} 0.015 \\ (0.029) \end{gathered}$ | $\begin{gathered} 0.011 \\ (0.028) \end{gathered}$ | $\begin{gathered} 0.016 \\ (0.031) \end{gathered}$ |
| Ambiguity aversion | $\begin{gathered} 0.005 \\ (0.023) \end{gathered}$ | $\begin{gathered} 0.004 \\ (0.023) \end{gathered}$ | $\begin{gathered} 0.002 \\ (0.022) \end{gathered}$ | $\begin{gathered} 0.003 \\ (0.023) \end{gathered}$ | $\begin{gathered} 0.002 \\ (0.021) \end{gathered}$ | $\begin{gathered} 0.004 \\ (0.021) \end{gathered}$ | $\begin{aligned} & -0.002 \\ & (0.020) \end{aligned}$ | $\begin{gathered} 0.005 \\ (0.021) \end{gathered}$ |
| Age | $\begin{gathered} -0.012 * * * \\ (0.003) \end{gathered}$ | $\begin{gathered} -0.012 * * * \\ (0.003) \end{gathered}$ | $\begin{gathered} -0.012 * * * \\ (0.003) \end{gathered}$ | $\begin{gathered} -0.013 * * * \\ (0.003) \end{gathered}$ | $\begin{gathered} -0.011^{* * *} \\ (0.003) \end{gathered}$ | $\begin{gathered} -0.010^{* * *} \\ (0.003) \end{gathered}$ | $\begin{gathered} -0.011 * * * \\ (0.003) \end{gathered}$ | $\begin{gathered} -0.011^{* * *} \\ (0.003) \end{gathered}$ |
| Female | $\begin{aligned} & -0.017 \\ & (0.014) \end{aligned}$ | $\begin{aligned} & -0.018 \\ & (0.013) \end{aligned}$ | $\begin{aligned} & -0.019 \\ & (0.014) \end{aligned}$ | $\begin{aligned} & -0.020 \\ & (0.013) \end{aligned}$ | $\begin{aligned} & -0.016 \\ & (0.012) \end{aligned}$ | $\begin{aligned} & -0.014 \\ & (0.012) \end{aligned}$ | $\begin{aligned} & -0.016 \\ & (0.012) \end{aligned}$ | $\begin{aligned} & -0.017 \\ & (0.012) \end{aligned}$ |
| German grade | $\begin{gathered} 0.005 \\ (0.009) \end{gathered}$ | $\begin{gathered} 0.001 \\ (0.009) \end{gathered}$ | $\begin{gathered} 0.006 \\ (0.009) \end{gathered}$ | $\begin{gathered} 0.002 \\ (0.009) \end{gathered}$ | $\begin{gathered} 0.005 \\ (0.008) \end{gathered}$ | $\begin{gathered} 0.004 \\ (0.008) \end{gathered}$ | $\begin{gathered} 0.005 \\ (0.008) \end{gathered}$ | $\begin{gathered} 0.005 \\ (0.008) \end{gathered}$ |
| Math grade | $\begin{gathered} 0.028 * * * \\ (0.009) \end{gathered}$ | $\begin{gathered} 0.030^{* * *} \\ (0.009) \end{gathered}$ | $\begin{gathered} 0.026 * * * \\ (0.008) \end{gathered}$ | $\begin{gathered} 0.029 * * * \\ (0.009) \end{gathered}$ | $\begin{gathered} 0.027 * * * \\ (0.008) \end{gathered}$ | $\begin{gathered} 0.026 * * * \\ (0.008) \end{gathered}$ | $\begin{gathered} 0.022^{* * *} \\ (0.007) \end{gathered}$ | $\begin{gathered} 0.024 * * * \\ (0.007) \end{gathered}$ |
| No. of siblings | $\begin{gathered} -0.011 \\ (0.007) \end{gathered}$ | $\begin{aligned} & -0.011 \\ & (0.007) \end{aligned}$ | $\begin{gathered} -0.010 \\ (0.007) \end{gathered}$ | $\begin{aligned} & -0.009 \\ & (0.007) \end{aligned}$ | $\begin{aligned} & -0.009 \\ & (0.007) \end{aligned}$ | $\begin{gathered} -0.010 \\ (0.007) \end{gathered}$ | $\begin{gathered} -0.008 \\ (0.006) \end{gathered}$ | $\begin{aligned} & -0.009 \\ & (0.006) \end{aligned}$ |
| Pocket money per week | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.000) \end{gathered}$ |
| No. of observations | 638 | 638 | 638 | 638 | 638 | 638 | 638 | 638 |
| Pseudo R ${ }^{2}$ | 0.174 | 0.176 | 0.183 | 0.175 | 0.193 | 0.199 | 0.212 | 0.205 |

Notes. ${ }^{* * *},{ }^{* *}, *$ denote significance at the $1 \%, 5 \%, 10 \%$ level, robust standard errors in parenthesis.
Model A: 3 weeks delay, low stake, no upfront delay.
Model B: 3 weeks delay, low stake, upfront delay.
Model C: 3 weeks delay, high stake, no upfront delay.
Model D: 3 weeks delay, high stake, upfront delay.
Model E: 1 year delay, low stake, no upfront delay.
Model F: 1 year delay, low stake, upfront delay.
Model G: 1 year delay, high stake, no upfront delay.
Model H: 1 year delay, high stake, upfront delay.

Panel B: Determinants of field behavior: Smoking (Marginal-Probit-Regression)

| Explanatory <br> variables | Dependent variable: Smoking |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Model A | Model B | Model C | Model D | Model E | Model F | Model G | Model H |
| Delay | $0.009^{* *}$ | $0.009^{* * *}$ | $0.004^{* *}$ | $0.005^{* * *}$ | $0.007^{*}$ | 0.005 | $0.003^{* *}$ | $0.004^{* *}$ |
| aversion | $(0.004)$ | $(0.005)$ | $(0.002)$ | $(0.002)$ | $(0.004)$ | $(0.004)$ | $(0.002)$ | $(0.002)$ |
| Risk aversion | -0.007 | -0.006 | -0.006 | -0.006 | -0.009 | -0.010 | -0.008 | -0.007 |
|  | $(0.009)$ | $(0.007)$ | $(0.010)$ | $(0.008)$ | $(0.011)$ | $(0.012)$ | $(0.011)$ | $(0.010)$ |
| Ambiguity | $-0.015^{*}$ | $-0.011^{*}$ | $-0.016^{*}$ | $-0.015^{* *}$ | $-0.017^{*}$ | $-0.019^{*}$ | $-0.016^{*}$ | $-0.017^{* *}$ |
| aversion | $(0.008)$ | $(0.006)$ | $(0.009)$ | $(0.009)$ | $(0.010$ | $(0.011)$ | $(0.009)$ | $(0.009)$ |
| Age | $0.007^{* * *}$ | $0.006^{* * *}$ | $0.008^{* * *}$ | $0.007^{* * *}$ | $0.008^{* * *}$ | $0.009^{* * *}$ | $0.008^{* * *}$ | $0.008^{* * *}$ |
|  | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ |
| Female | 0.006 | 0.005 | 0.006 | $0.007^{*}$ | 0.006 | 0.006 | 0.006 | 0.007 |
|  | $(0.004)$ | $(0.003)$ | $(0.005)$ | $(0.004)$ | $(0.005)$ | $(0.005)$ | $(0.005)$ | $(0.004)$ |
| German grade | -0.002 | -0.001 | -0.003 | -0.002 | -0.003 | -0.003 | -0.003 | -0.003 |
|  | $(0.002)$ | $(0.002)$ | $(0.003)$ | $(0.002)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.002)$ |
| Math grade | $-0.007^{* * *}$ | $-0.005^{* * *}$ | $-0.007^{* * *}$ | $-0.007^{* * *}$ | $-0.009^{* * *}$ | $-0.009^{* * *}$ | $-0.008^{* * *}$ | $-0.008^{* * *}$ |
|  | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.004)$ | $(0.004)$ | $(0.004)$ | 0.004 |
| No. of siblings | -0.002 | -0.002 | -0.002 | -0.002 | -0.002 | -0.002 | -0.002 | -0.002 |
|  | $(0.002)$ | $(0.002)$ | $(0.002)$ | $(0.002)$ | $(0.003)$ | $(0.003)$ | $(0.002)$ | $(0.002)$ |
| Pocket money | -0.000 | -0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 |
| per week | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ |
| No. of. | 638 | 638 | 638 | 638 | 638 | 638 | 638 | 638 |
| observations |  |  |  |  |  |  |  |  |
| Pseudo R ${ }^{2}$ | 0.363 | 0.390 | 0.357 | 0.367 | 0.348 | 0.341 | 0.349 | 0.352 |

Notes. ${ }^{* * *},{ }^{* *}, *$ denote significance at the $1 \%, 5 \%, 10 \%$ level, robust standard errors in parenthesis.
Model A: 3 weeks delay, low stake, no upfront delay.
Model B: 3 weeks delay, low stake, upfront delay.
Model C: 3 weeks delay, high stake, no upfront delay.
Model D: 3 weeks delay, high stake, upfront delay.
Model E: 1 year delay, low stake, no upfront delay.
Model F: 1 year delay, low stake, upfront delay.
Model G: 1 year delay, high stake, no upfront delay.
Model H: 1 year delay, high stake, upfront delay.

Panel C: Determinants of field behavior: Alcohol consumption (Marginal-Probit-Regression)

| Explanatory <br> variables | Dependent variable: Alcohol consumption |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Model A | Model B | Model C | Model D | Model E | Model F | Model G | Model H |
| Delay | $0.044^{* * *}$ | $0.039^{* *}$ | $0.021^{* * *}$ | $0.020^{* *}$ | $0.031^{* *}$ | 0.016 | $0.021^{* * *}$ | $0.025^{* * *}$ |
| aversion | $(0.015)$ | $(0.016)$ | $(0.008)$ | $(0.008)$ | $(0.015)$ | $(0.016)$ | $(0.007)$ | $(0.007)$ |
| Risk aversion | 0.021 | 0.022 | 0.029 | 0.024 | 0.018 | 0.018 | 0.025 | 0.026 |
|  | $(0.049)$ | $(0.048)$ | $(0.049)$ | $(0.050)$ | $(0.050)$ | $(0.050)$ | $(0.049)$ | $(0.049)$ |
| Ambiguity | -0.056 | -0.051 | -0.057 | -0.056 | -0.052 | -0.055 | -0.052 | -0.058 |
| aversion | $(0.040)$ | $(0.040)$ | $(0.040)$ | $(0.041)$ | $(0.041)$ | $(0.042)$ | $(0.040)$ | $(0.038)$ |
| Age | $0.055^{* * *}$ | $0.056^{* * *}$ | $0.056^{* * *}$ | $0.057^{* * *}$ | $0.056^{* * *}$ | $0.057^{* * *}$ | $0.055^{* * *}$ | $0.054^{* * *}$ |
|  | $(0.007)$ | $(0.007)$ | $(0.007)$ | $(0.007)$ | $(0.007)$ | $(0.007)$ | $(0.007)$ | $(0.007)$ |
| Female | 0.005 | 0.004 | 0.007 | 0.008 | 0.004 | 0.003 | 0.006 | 0.007 |
|  | $(0.019)$ | $(0.019)$ | $(0.019)$ | $(0.019)$ | $(0.020)$ | $(0.020)$ | $(0.019)$ | $(0.019)$ |
| German grade | 0.000 | 0.003 | -0.000 | 0.001 | 0.000 | 0.001 | 0.001 | -0.001 |
|  | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.010)$ |
| Math grade | -0.014 | $-0.016^{*}$ | -0.013 | -0.015 | $-0.017^{*}$ | $-0.018^{*}$ | -0.015 | -0.014 |
|  | $(0.010)$ | $(0.010)$ | $(0.010)$ | $(0.010)$ | $(0.010)$ | $(0.010)$ | $(0.010)$ | $(0.010)$ |
| No. of. siblings | -0.005 | -0.005 | -0.006 | -0.007 | -0.005 | -0.004 | -0.005 | -0.005 |
|  | $(0.010)$ | $(0.010)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.010)$ | $(0.010)$ |
| Pocket money | $0.001^{*}$ | 0.001 | $0.001^{*}$ | $0.001^{*}$ | $0.001^{*}$ | $0.001^{*}$ | 0.001 | $0.001^{*}$ |
| per week | $(0.001)$ | $(0.001)$ | $(0.001)$ | $(0.001)$ | $(0.001)$ | $(0.001)$ | $(0.001)$ | $(0.001)$ |
| No. of | 638 | 638 | 638 | 638 | 638 | 638 | 638 | 638 |
| observations |  |  |  |  |  |  |  |  |
| Pseudo R ${ }^{2}$ | 0.399 | 0.395 | 0.396 | 0.395 | 0.392 | 0.387 | 0.400 | 0.408 |

Notes. ${ }^{* * *, ~}{ }^{* *}$, * denote significance at the $1 \%, 5 \%, 10 \%$ level, robust standard errors in parenthesis.
Model A: 3 weeks delay, low stake, no upfront delay.
Model B: 3 weeks delay, low stake, upfront delay.
Model C: 3 weeks delay, high stake, no upfront delay.
Model D: 3 weeks delay, high stake, upfront delay.
Model E: 1 year delay, low stake, no upfront delay.
Model F: 1 year delay, low stake, upfront delay.
Model G: 1 year delay, high stake, no upfront delay.
Model H: 1 year delay, high stake, upfront delay.

Panel D: Determinants of field behavior: Body mass index (OLS-Regression)

| Explanatory <br> variables |  |  | Dependent variable: Body mass index |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Model A | Model B | Model C | Model D | Model E | Model F | Model G | Model H |  |
| Delay aversion | $0.024^{* *}$ | 0.010 | 0.008 | 0.006 | 0.013 | 0.013 | 0.006 | $0.008^{* *}$ |  |
|  | $(0.012)$ | $(0.009)$ | $(0.006)$ | $(0.007)$ | $(0.009)$ | $(0.008)$ | $(0.004)$ | $(0.004)$ |  |
| Risk aversion | $-0.052^{* *}$ | $-0.057^{* *}$ | $-0.052^{* *}$ | $-0.054^{* *}$ | $-0.056^{* *}$ | $-0.056^{* *}$ | $-0.056^{* *}$ | $-0.055^{* *}$ |  |
|  | $(0.024)$ | $(0.024)$ | $(0.025)$ | $(0.025)$ | $(0.024)$ | $(0.024)$ | $(0.024)$ | $(0.024)$ |  |
| Ambiguity | -0.021 | -0.019 | -0.018 | -0.019 | -0.018 | -0.019 | -0.018 | -0.019 |  |
| aversion | $(0.021)$ | $(0.020)$ | $(0.021)$ | $(0.021)$ | $(0.020)$ | $(0.020)$ | $(0.020)$ | $(0.021)$ |  |
| Age | -0.001 | -0.000 | -0.000 | 0.000 | -0.000 | -0.000 | -0.000 | -0.000 |  |
|  | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ | $(0.003)$ |  |
| Female | $-0.019^{*}$ | $-0.020^{*}$ | $-0.019^{*}$ | $-0.019^{*}$ | $-0.020^{*}$ | $-0.020^{*}$ | $-0.020^{*}$ | $-0.019^{*}$ |  |
|  | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ | $(0.011)$ |  |
| German grade | -0.006 | -0.005 | -0.006 | -0.005 | -0.006 | -0.006 | -0.006 | -0.006 |  |
|  | $(0.006)$ | $(0.006)$ | $(0.006)$ | $(0.006)$ | $(0.006)$ | $(0.006)$ | $(0.006)$ | $(0.006)$ |  |
| Math grade | 0.002 | -0.000 | 0.001 | 0.001 | 0.000 | -0.000 | 0.000 | 0.001 |  |
|  | $(0.006)$ | $(0.007)$ | $(0.006)$ | $(0.006)$ | $(0.007)$ | $(0.007)$ | $(0.007)$ | $(0.007)$ |  |
| No. of siblings | -0.007 | -0.007 | -0.007 | -0.007 | -0.007 | -0.007 | -0.007 | -0.007 |  |
| Pocket money | $(0.005)$ | $(0.005)$ | $(0.006)$ | $(0.006)$ | $(0.005)$ | $(0.005)$ | $(0.005)$ | $(0.005)$ |  |
| per week | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 |  |
| No. of | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ | $(0.000)$ |  |
| observations | 611 | 611 | 611 | 611 | 611 | 611 | 611 | 611 |  |
| R$^{2}$ |  |  |  |  |  |  |  |  |  |

Notes. ${ }^{* * *},{ }^{* *}, *$ denote significance at the $1 \%, 5 \%, 10 \%$ level, robust standard errors in parenthesis.
Model A: 3 weeks delay, low stake, no upfront delay.
Model B: 3 weeks delay, low stake, upfront delay.
Model C: 3 weeks delay, high stake, no upfront delay.
Model D: 3 weeks delay, high stake, upfront delay.
Model E: 1 year delay, low stake, no upfront delay.
Model F: 1 year delay, low stake, upfront delay.
Model G: 1 year delay, high stake, no upfront delay.
Model H: 1 year delay, high stake, upfront delay.

Figure 1: Choice list for uncertainty task

| [1] draw from bag A | O | or | O | $€ 0.50$ for sure |
| :--- | :--- | :--- | :--- | :--- |
| [2] draw from bag A | O | or | O | $€ 1.00$ for sure |
| [3] draw from bag A | O | or | O | $€ 1.50$ for sure |

[2] draw from bag A
[3] draw from bag A .... etc.

Figure 2: Choice list for uncertainty task

| [6] draw from bag A | $\otimes$ | or | O | $€ 3.00$ for sure |
| :--- | :--- | :--- | :--- | :--- |
| [7] draw from bag A | $\otimes$ | or | O | $€ 3.50$ for sure |
| [8] draw from bag A | O | or | $\otimes$ | $€ 4.00$ for sure | ...etc.

Figure 3: Choice list for time preference task

| [1] receive $€ 10.10$ now | $O$ | or | $O$ | receive $€ 10.10$ in three weeks |
| :--- | :--- | :--- | :--- | :--- |
| [2] receive $€ 10.10$ now | $O$ | or | $O$ | receive $€ 10.30$ in three weeks |
| [3] receive $€ 10.10$ now | $O$ | or | $O$ | receive $€ 10.50$ in three weeks |

Figure 4: Choice list for time preference task

| [6] receive $€ 10.10$ now | $\otimes$ | or | O | receive $€ 11.10$ in three weeks |
| :--- | :--- | :--- | :--- | :--- |
| [7] receive $€ 10.10$ now | $\otimes$ | or | O | receive $€ 11.30$ in three weeks |
| [8] receive $€ 10.10$ now | O | or | $\otimes$ | receive $€ 11.50$ in three weeks | ...etc.

Figure 5: Combinations of early and late payoff (four choice lists for sure payoff $€ 10.10$ )

| 1) | $\begin{aligned} & € 10.10 \\ & \text { today } \end{aligned}$ | $€ 10.10+$ <br> 3 weeks |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 2) |  | 3 weeks <br> $€ 10.10$ | 6 weeks $€ 10.10+x$ |  |
| 3) | $\begin{aligned} & € 10.10 \\ & \text { today } \end{aligned}$ | $\begin{aligned} & € 10.10+x \\ & 1 \text { year } \end{aligned}$ |  |  |
| 4) | 3 weeks |  |  | 1 year and 3 weeks |
|  | $€ 10.10$ |  |  | $€ 10.10$ + x |

# Appendix (not intended for publication) 

## A1. Experimental instructions [translated from German]

## Procedures:

The experiments concerning risk and ambiguity preferences were run between November 2007 and January 2008, while the experiments concerning time preferences were conducted between April and May 2008. Each session lasted approximately 50 minutes, including the completion of a post-experimental questionnaire and the distribution of the earned money. In the risk and ambiguity preference experiment all subjects privately received their money at the very end of the session. Therefore, subjects were called one by one to a separate room where they first had to draw a card to determine the decision problem which was relevant for payment. In a second step the urn was played if the subject preferred the lottery over the sure amount in the respective decision. In the time preference experiment, subjects received an immediate payoff if they had chosen it over a delayed payoff at the end of the experiment as cash. In case a payoff in the future was chosen (or the selected choice had an upfront-delay of three weeks) the money was distributed in sealed envelopes at the predefined date.
Note that all sessions within a particular school were run at the same day.
In order to guarantee anonymity, we used partition walls and forbade any kind of conversation among students. Instructions were memorized by the experimenter and orally presented in class at the beginning of each session. Periodically the instructor paused and let the subjects raise their hands for questions which were then answered privately. An English translation of orally presented instructions and of the decision sheets is presented below.

Risk and ambiguity experiment (here we present the order where the task to elicit risk attitudes has been explained before the task to elicit ambiguity attitudes)
Welcome to our game. Before we start, we will explain the rules of our game. From now on, please don't talk to your neighbor and listen carefully. You can earn money in this game. We will give you the money in cash at the end of this lesson. How much money you will earn depends mainly on your decisions. That's why it is important that you understand the rules of our game. Please listen carefully now. We will frequently stop during our explanation and allow you to ask questions. Therefore, please raise your hand and one of us will come to you to answer your question.

Everybody ok so far? Leave time for questions and answer them privately.
Our game consists of two parts. In total, you will have to make 40 decisions, 20 in part one and 20 in part two. One of these decisions will be paid for real, and we will explain in the end how we determine the decision to be paid. First we will explain the first part. You have to choose 20 times between a safe amount of money and drawing a ball from bag (A). By drawing from the bag you may win $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment). Only one of your decisions will be relevant. We will explain that carefully at the end of this instruction.
Next we explain to you how drawing a ball from bag (A) works: We fill this bag with ten orange and ten white balls. (fill bag and show balls to children and count orange and white balls) When you decide to draw a ball from bag (A), you draw a ball blindly. Before you draw the ball you have to choose a color (let's say white). If the drawn ball is really white, you receive $10 €$
(respectively $6 €, 8 €$ or $12 €$, according to the treatment). If the drawn ball is orange, you get nothing.

## Everybody ok so far? Leave time for questions and answer them privately.

You will receive a decision sheet which looks exactly like the slide on the overhead projector. (Switch on overhead projector and point to the slide) We will then, when we play the game, ask you to make a decision for each row between drawing a ball from bag (A) (point to the left) and a sure amount of money (point to the right). This looks for example like this: In the first row you decide whether you prefer drawing a ball from bag (A) and thereby maybe winning $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment), or if you prefer taking 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) home for sure. Assuming that you prefer drawing a ball from bag (A) instead of getting 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) for sure, which box do you have to check in this case? (Assume answer is "left".) Right, you check the box at the left side.

Everybody ok so far? Leave time for questions and answer them privately.
In the second row you decide again between drawing a ball from bag (A) and a sure amount of money. Now you are offered $1 €$ (respectively 60 cents, 80 cents, $1.20 €$, according to the treatment) to take home for sure. As you can see the sure amount on the right hand side increases successively. As long as you prefer drawing a ball from bag (A) to taking a sure amount of money home, you check the box at the left hand side.

Everybody ok so far? Leave time for questions and answer them privately.
Assume that you like drawing a ball from bag (A) very much, then you might check the boxes on the left hand side until the last but one row. In the very last row you then have to choose between getting $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment) for sure if you check the box on the right side or maybe winning $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment) by checking the box on the left side and then drawing a ball from bag (A).

Everybody ok so far? Leave time for questions and answer them privately.
Assume that you very much dislike drawing a ball from bag (A). In this case you might choose the sure amount of money of 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) already in the first row.

Everybody ok so far? Leave time for questions and answer them privately.
The point where you switch from the left hand side to the right hand side lies normally somewhere between the first and the last row. As soon as you have once checked the box at the right hand side, you should very carefully check whether it makes sense for you to switch back to the left hand side in any following row. Consider the following situation. If you preferred 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) in the first row to drawing from bag (A), then most likely you might prefer even more so $1 €$ (respectively 60 cents, 80 cents, $1.20 €$, according to the treatment) in the second row over drawing from bag (A), because $1 €$ (respectively 60 cents, 80 cents, $1.20 €$, according to the treatment) is more money than 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) which, in this example, you preferred over drawing from bag (A) before.

Everybody ok so far? Leave time for questions and answer them privately.
Now we explain the second part to you. The second part of our game is similar to the first part. The only difference is that bag (A) is replaced by bag (B). Now you have to choose between drawing a ball from bag $(\mathrm{B})$ thereby maybe winning $10 €$ (respectively $6 € 8 €$ or $12 €$, according to the treatment) or taking a sure amount of money home.
Drawing a ball from bag (B) works as follows: This bag contains twenty balls. The balls are either white ore orange as before, but this time we don't tell you the exact number of white and orange balls. However, in sum there are 20 balls in this bag (B). When you decide to draw a ball from bag (B), you draw a ball blindly. Before you draw the ball you choose a color (let's say white). If the drawn ball is really white, you receive $10 €$ (respectively $6 € 8 €$ or $12 €$, according to the treatment). If the drawn ball is orange, you get nothing.

Everybody ok so far? Leave time for questions and answer them privately.
You will receive a decision sheet which looks exactly like the slide on the overhead projector (Switch on overhead projector and point to the slide). We also ask you for this sheet to make a decision for each row. Now you have to decide between drawing a ball from bag (B) (point to the left) and a sure amount of money (point to the right). This looks for example like this: In the first row you decide whether you prefer drawing a ball from bag (B) and thereby maybe winning $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment), or if you prefer taking 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) home for sure. Assuming that you prefer drawing a ball from bag (B) instead of getting 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) for sure, which box do you have to check in this case? (Assume answer is "left".) Right, you check the box at the left side.

Everybody ok so far? Leave time for questions and answer them privately.
In the second row you decide again between drawing a ball from bag (B) and a sure amount of money. Now you are offered $1 €$ (respectively 60 cents, 80 cents, $1.20 €$, according to the treatment) to take home for sure. As you can see, the sure amount on the right hand side increases successively. As long as you prefer drawing a ball from bag (B) to taking a sure amount of money home, you check the box at the left hand side.

Everybody ok so far? Leave time for questions and answer them privately.
Assume that you like drawing a ball from bag (B) very much, then you might check the boxes on the left hand side until the last but one row. In the very last row you then have to choose between getting $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment) for sure if you check the box on the right side or maybe winning $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment) by checking the box on the left side and then drawing a ball from bag (B).

Everybody ok so far? Leave time for questions and answer them privately.
Assume that you very much dislike drawing a ball from bag (B). In this case you will choose the sure amount of money of 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) already in the first row.

Everybody ok so far? Leave time for questions and answer them privately.

The point where you switch from the left hand side to the right hand side lies normally somewhere between the first and the last row. As soon as you have once checked the box at the right hand side, you should very carefully check whether it makes sense for you to switch back to the left hand side in any following row. Consider the following situation. If you preferred 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) in the first row to drawing from bag $(\mathrm{B})$, then most likely you might prefer even more so $1 €$ (respectively 60 cents, 80 cents, $1.20 €$, according to the treatment) in the second row over drawing from bag (B), because $1 €$ (respectively 60 cents, 80 cents, $1.20 €$, according to the treatment) is more money than 50 cents (respectively 30 cents, 40 cents, 60 cents, according to the treatment) which you preferred, in this example, over drawing from bag (B) before.

Everybody ok so far? Leave time for questions and answer them privately.
We still have to explain how you get your money. After all of you have made your 40 decisions ( 20 decisions on your first sheet, 20 decisions on your second sheet) everybody will draw a card from these 40 cards. The cards are numbered from 1 to 40 . (Ask a student to draw a card. Assume 5 is drawn.) When you have drawn the number 5, your decision with number 5 on your decision sheets is played for real. This is the most important thing: If you have chosen to draw a ball from bag (A) in the selected decision, you may then draw a ball from bag (A). You win $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment), if you announce the drawn color, otherwise you get nothing. If you have chosen the sure amount of money, you get $2.50 €$ (respectively $1.5 €, 2 €$ or $3 €$, according to the treatment) in this example,

Everybody ok so far? Leave time for questions and answer them privately.
Let's make another example: If you have drawn the number 38, what will happen when you have checked the box on the left hand side? (Assume the answer is correct.) Right, you may draw a ball from bag (B). You win $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment) if the color is correct and nothing otherwise. What will happen when you have checked the box on the right hand side? (Assume the answer is correct.) Right, you take $9 €$ (respectively $5.4 €, 7.2 €$ or $10.8 €$, according to the treatment) home. Whether you draw a ball from bag (B) and maybe win $10 €$ (respectively $6 €, 8 €$ or $12 €$, according to the treatment) or take the sure amount of money home depends on whether you have checked the box at the left or at the right hand side.
As each of your 40 decisions could be drawn, you should consider carefully in each row if you want to draw a ball from bag (A) or (B) or if you want to take a sure amount of money home.

Everybody ok? Leave time for questions and answer them privately.
If no questions have been unanswered, then you can start making your choices. Once you are finished, please turn over your decision sheet and wait until all others have finished this part.

Let subjects make their decisions and collect decision sheets that have been turned over.

## Decision sheet

## Risk and ambiguity

| [1] | draw from bag A | O | or | O | 0.50 euro for sure |
| :---: | :---: | :---: | :---: | :---: | :---: |
| [2] | draw from bag A | O | or | O | 1 euro for sure |
| [3] | draw from bag A | O | or | O | 1.50 euro for sure |
| [4] | draw from bag A | O | or | O | 2 euro for sure |
| [5] | draw from bag A | O | or | O | 2.50 euro for sure |
| [6] | draw from bag A | 0 | or | 0 | 3 euro for sure |
| [7] | draw from bag A | O | or | 0 | 3.50 euro for sure |
| [8] | draw from bag A | O | or | O | 4 euro for sure |
| [9] | draw from bag A | 0 | or | 0 | 4.50 euro for sure |
| [10] | draw from bag A | 0 | or | 0 | 5 euro for sure |
| [11] | draw from bag A | O | or | 0 | 5.50 euro for sure |
| [12] | draw from bag A | 0 | or | 0 | 6 euro for sure |
| [13] | draw from bag A | O | or | O | 6.50 euro for sure |
| [14] | draw from bag A | O | or | O | 7 euro for sure |
| [15] | draw from bag A | O | or | 0 | 7.50 euro for sure |
| [16] | draw from bag A | O | or | O | 8 euro for sure |
| [17] | draw from bag A | 0 | or | 0 | 8.50 euro for sure |
| [18] | draw from bag A | O | or | 0 | 9 euro for sure |
| [19] | draw from bag A | 0 | or | 0 | 9.50 euro for sure |
| [20] | draw from bag A | O | or | O | 10 euro for sure |

A photograph illustrating how participants drew from one of the bags (A or B)


Time preferences experiment (this experiment was run several months after the experiment on risk and ambiguity attitudes)
Welcome to our game. Before we start, we will explain the rules of our game. From now on, please don't talk to your neighbor and listen carefully. We will frequently stop during our explanation and allow you to ask questions. Therefore, please raise your hand and one of us will come to you to answer your question.

Everybody ok so far? Leave time for questions and answer them privately.
You can earn money in this game. You will have to decide whether you want to get a certain amount of money at an earlier date or another, possibly larger, amount at a later date. For example, you might be asked to choose between a smaller amount of money today and a bigger amount of money in three weeks. If you decide for "today", you will get your money in cash at the end of this lesson. If you decide for "in three weeks", you will receive your money in a closed envelope in three weeks. The envelope will be marked with your student number.
It might also be the case that the earlier amount will be paid in three weeks only, and the later amount in six weeks from now, or even in more than one year from now. We will explain all possibilities in detail in the following. As you know, we will come back to run some experiments with you in the course of two years, hence you can be sure to get your money even if you choose a date that is in one-year time only.

## Everybody ok so far? Leave time for questions and answer them privately.

You will receive eight different decision sheets. You have to choose 160 times between an earlier amount and a later but maybe higher amount of money. Only one of your decisions will be relevant. We will explain that carefully at the end of this instruction. We brought along here an example decision sheet. Note that this example will not be used in the experiment. The amounts of money indicated on this example sheet only serve illustration purposes. Let us have a look at the example together. (Put slide on the overhead projector.) When we play the game we will ask you to make a decision for each row. This looks, e.g., like this: In the first row you decide whether you prefer taking home $6.10 €$ today (point to the left) or receiving $6.10 €$ in three weeks from now (point to the right). Assuming that you prefer taking home $6.10 €$ today, where do you have to check the box? (Assume answer is "left".) Right, you check the box at the left hand side.

## Everybody ok so far? Leave time for questions and answer them privately.

Assuming that you prefer receiving $6.10 €$ in three weeks from now, where do you have to check the box? (Assume answer is "right".) Right, then you check the box at the right hand side. In the second row you decide again between taking home $6.10 €$ today and now a larger amount of $6.30 €$, which you could receive in three weeks from now. You can see that the amount on the right hand side increases successively row by row. As long as you prefer taking home $6.10 €$ today, you check the box at the left hand side. As soon as you prefer receiving the higher amount in three weeks from now, you check the box at the right hand side. (show example)

## Everybody ok so far? Leave time for questions and answer them privately.

As soon as you have once checked the box at the right hand side, you should consider carefully whether it makes sense for you to switch back to the left-hand side at any successive row. Consider the situation where you prefer receiving $6.50 €$ in three weeks to taking home $6.10 €$ today. Then it seems most likely that you will prefer receiving $6.70 €$ in three weeks even more
to taking home $6.10 €$ today, because $6.70 €$ is more money than $6.50 €$ which you preferred over the $6.10 €$ before.

## Everybody ok so far? Leave time for questions and answer them privately.

Let's consider another example with respect to the timing of payoffs. Here is another example decision sheet. (Put slide with three weeks upfront-delay on the overhead projector.) Here you have to decide whether you prefer receiving $6.10 €$ in three weeks from now or if you prefer receiving a somewhat larger amount in six weeks from now. The rules to fill out the decision sheet stay the same. Depending on whether you prefer receiving the money in three or in six weeks from now, you check the box at the left or the right hand side. As soon as you have once checked the box at the right hand side, you should consider carefully whether it makes sense to you to switch back to the left-hand side in any successive row for the same reasons as in the previous example. Shall I repeat this example? (If anybody says Yes, then repeat it, now in the frame of three and six weeks delay for early and late payoffs.)

Everybody ok so far? Leave time for questions and answer them privately.
You see on this example sheet that the early and late payoffs are paid in three weeks, respectively six weeks, from now on. Now I show you another example. (Put another slide with a one-year delay for the late payoff on the projector.) Note that the amounts of money on this example are identical to the previous slide. The only change concerns the timing of the payment concerning the later payoff. In the previous example this was six weeks from now. In the current example it is one year and three weeks from now. You will also face such a timing on your decision sheets once we start the experiment. You will also find a situation where the early amount can be paid out today, and the late amount in exactly one year. Please note that all dates have been chosen such that on the possible dates you will have a regular school day. We have already checked back with the principal of your school that we will come back exactly on these future dates (in three weeks, six weeks, one year, or one year and three weeks), in case this is necessary to pay out the money to you. In the unlikely case that any of you will change schools, then we have asked an administrator of your school to send the money to your new address. Note that in this case we will give the administrator your anonymous code that he - and only he - can use to figure out your identity to send the money to you.

Now we explain to you how you get the money from this experiment. You will receive eight different decision sheets with twenty decisions each. This makes 160 decisions all together. Each of you may draw a card from these 160 cards at the end of the session. The cards are numbered from 1 to 160. Assume you have drawn the number 5. Therefore the decision with number 5 on your decision sheets is played for real. This is the most important thing: If you have checked the box on the left hand side in the selected decision, you receive in our example that I put on the overhead projector now $6.10 €$ today. If you have checked the box on the right hand side, you receive $6.90 €$ in three weeks from now.

Everybody ok so far? Leave time for questions and answer them privately.
Let's look at another example. Assume you have drawn the number 22. Now the decision with number 22 on your decision sheets is played for real. Let's consider this example sheet with the one-year delay. What will happen if you have checked the box on the left hand side? (Assume the answer is correct.) Right, you receive $6.10 €$ in three weeks from now. What will happen if you have checked the box on the right hand side? (Assume the answer is correct.) Right, then you will receive 6.30 in one year and three weeks from now.

As each of your 160 decisions is equally likely to be drawn, you should consider your decision very carefully in each single row, since this row could be drawn for payment.

Everybody ok? Leave time for questions and answer them privately.
If no questions have been unanswered, then you can start making your choices. Once you are finished, please turn over your decision sheet and wait until all others have finished this part.

Let subjects make their decisions and collect decision sheets that have been turned over.

|  | amount today |  | or |  | amount in 3 weeks |
| :---: | :---: | :---: | :---: | :---: | :---: |
| [1] | 10.10 euro today | O | or | O | 10.10 euro in 3 weeks |
| [2] | 10.10 euro today | O | or | O | 10.30 euro in 3 weeks |
| [3] | 10.10 euro today | 0 | or | 0 | 10.50 euro in 3 weeks |
| [4] | 10.10 euro today | O | or | O | 10.70 euro in 3 weeks |
| [5] | 10.10 euro today | O | or | O | 10.90 euro in 3 weeks |
| [6] | 10.10 euro today | O | or | O | 11.10 euro in 3 weeks |
| [7] | 10.10 euro today | O | or | O | 11.30 euro in 3 weeks |
| [8] | 10.10 euro today | O | or | O | 11.50 euro in 3 weeks |
| [9] | 10.10 euro today | O | or | O | 11.70 euro in 3 weeks |
| [10] | 10.10 euro today | O | or | O | 11.90 euro in 3 weeks |
| [11] | 10.10 euro today | O | or | 0 | 12.10 euro in 3 weeks |
| [12] | 10.10 euro today | O | or | O | 12.30 euro in 3 weeks |
| [13] | 10.10 euro today | O | or | O | 12.50 euro in 3 weeks |
| [14] | 10.10 euro today | 0 | or | 0 | 12.70 euro in 3 weeks |
| [15] | 10.10 euro today | O | or | 0 | 12.90 euro in 3 weeks |
| [16] | 10.10 euro today | O | or | O | 13.10 euro in 3 weeks |
| [17] | 10.10 euro today | O | or | O | 13.30 euro in 3 weeks |
| [18] | 10.10 euro today | O | or | 0 | 13.50 euro in 3 weeks |
| [19] | 10.10 euro today | O | or | O | 13.70 euro in 3 weeks |
| [20] | 10.10 euro today | O | or | O | 13.90 euro in 3 weeks |

Time preferences - Decision sheet (the order of decision sheets was random)

|  | amount today |  | or |  | amount in $\mathbf{3}$ weeks |
| :---: | :---: | :---: | :---: | :---: | :---: |
| [21] | 4.05 euro today | 0 | or | O | 4.05 euro in 3 weeks |
| [22] | 4.05 euro today | O | or | O | 4.15 euro in 3 weeks |
| [23] | 4.05 euro today | 0 | or | O | 4.25 euro in 3 weeks |
| [24] | 4.05 euro today | 0 | or | O | 4.35 euro in 3 weeks |
| [25] | 4.05 euro today | O | or | O | 4.45 euro in 3 weeks |
| [26] | 4.05 euro today | O | or | O | 4.55 euro in 3 weeks |
| [27] | 4.05 euro today | O | or | O | 4.65 euro in 3 weeks |
| [28] | 4.05 euro today | O | or | O | 4.75 euro in 3 weeks |
| [29] | 4.05 euro today | O | or | O | 4.85 euro in 3 weeks |
| [30] | 4.05 euro today | 0 | or | O | 4.95 euro in 3 weeks |
| [31] | 4.05 euro today | 0 | or | O | 5.05 euro in 3 weeks |
| [32] | 4.05 euro today | O | or | O | 5.15 euro in 3 weeks |
| [33] | 4.05 euro today | 0 | or | O | 5.25 euro in 3 weeks |
| [34] | 4.05 euro today | O | or | O | 5.35 euro in 3 weeks |
| [35] | 4.05 euro today | O | or | O | 5.45 euro in 3 weeks |
| [36] | 4.05 euro today | O | or | O | 5.55 euro in 3 weeks |
| [37] | 4.05 euro today | O | or | O | 5.65 euro in 3 weeks |
| [38] | 4.05 euro today | O | or | O | 5.75 euro in 3 weeks |
| [39] | 4.05 euro today | O | or | O | 5.85 euro in 3 weeks |
| [40] | 4.05 euro today | 0 | or | O | 5.95 euro in 3 weeks |

[Six further sheets varied the timing of these payoffs by once adding an upfront-delay of three weeks for the earlier payoff and once by using a delay between earlier and later payoff of one year instead of three weeks. See Figure 5 for an illustration. Note that the eight decision sheets were handed out in random order]

## A2. Questionnaire [translated from German]

1) I am
O female
O male
2) I was born in the following year: $\qquad$ .
3) I am born in the following month: $\qquad$ .
4) I have $\qquad$ (how many?) siblings.
5) I was born as $\qquad$ (which number?) child in my family.
6) Per week I have roughly $\qquad$ euro pocket money.
I spend my pocket money on:

| O mobile phone bill | O computer games | O clothes |
| :--- | :--- | :--- |
| O magazines | O cinema | O going out |
| O food and beverages | O sport | O cosmetica |
| O music | O sweets | O concerts |
| O cigarettes | O alcohol | O expenses from school |
| O toys | O other: |  |

(For our analysis we create the variables "smoking" and "alcohol consumption" and code it as 1 if a subject spends pocket money on cigarettes respectively alcohol and 0 otherwise.)
7) I live in the following village: $\qquad$
8) How often do you attend religious celebrations per month? (for example mass, celebration at a mosque, ...)
$0 \mathrm{x} \quad 1 \mathrm{x} \quad 2 \mathrm{x} \quad 3 \mathrm{x} \quad 4 \mathrm{x} \quad>$ (more than) 4 x
O O
O O
$\mathrm{O} \quad \mathrm{O}$
9) Please mark the appropriate item with a cross:

O My parents and I were born in Austria.
O I was born in Austria. My mother and my father were not born in Austria.

O I was born in Austria. One of my parents was not born in Austria.
O I was not born in Austria, nor were my parents.
10) Do you save money?

O yes O no
(For our analysis we create the variable "saving" and code it as 1 if a subject checks "yes" and 0 otherwise.)
11) I am $\qquad$ m tall.
12) I weigh $\qquad$ kg.
(For our analysis we create the variable "bodymass" $=$ weight/height $\wedge$ 2.)

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## Working Papers in Economics and Statistics

## 2010-29

Matthias Sutter, Martin G. Kocher, Daniela Rützler, and Stefan T. Trautmann
Impatience and uncertainty: Experimental decisions predict adolescents' field behavior


#### Abstract

We study risk attitudes, ambiguity attitudes, and time preferences of 661 children and adolescents, aged ten to eighteen years, in an incentivized experiment. We relate experimental choices to field behavior. Experimental measures of impatience are found to be significant predictors of health related field behavior and saving decisions. In particular, more impatient children and adolescents are more likely to spend money on alcohol and cigarettes, have a higher body mass index (BMI) and are less likely to save money. Experimental measures for risk and ambiguity attitudes are only weak predictors of field behavior.


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[^1]:    ${ }^{1}$ Note that Harbaugh et al. (2002), Bettinger and Slonim (2007) and Castillo et al. (2010) use vouchers or small gifts as rewards. However, gift certificates may carry more uncertainty than cash, thus causing an interaction of both time and risk preferences in the delay task (see Gneezy, List and $\mathrm{Wu}, 2006$ ). For this reason, and given the permission of

[^2]:    all involved parties, including parents and school principals, we have decided to use cash in our experiment. Actually, in an earlier experiment with a different group of children in schools (on the trust game, see Sutter and Kocher, 2007) parents expressed an explicit preference for using money (as a generalized medium of exchange) over any other exchange medium.

[^3]:    ${ }^{2}$ Subjects who always chose the gamble were excluded from the analysis. Subjects who always chose the sure amount were classified as having a certainty equivalent that is halfway in between zero and the sure amount in the first row.

[^4]:    ${ }^{3}$ All tests reported in this paper are two-sided.
    ${ }^{4}$ A separate regression (not shown here) confirms that there is no interaction between gender and age. Hence, the gender effect on risk aversion is independent of age.
    ${ }^{5}$ We also have background data on religious or immigration background. None of these variables is significant if included in the regression. The inclusion of the variables does not change any of our results, either.

[^5]:    ${ }^{6}$ For instance, in Martinsson et al. (2011) we studied social preferences.
    ${ }^{7}$ Adding a three-way interaction term of the three dummies yields and insignificant coefficient and is not warranted due to model selection criteria based on AIC and BIC.

[^6]:    ${ }^{8}$ Using continuous discounting we calculate the discount rates with $i=\ln$ (future equivalent/early payoff) in case of a one year delay and with $\mathrm{i}=\ln ($ future equivalent/early payoff) $* 52 / 3$ in case of a three weeks delay.

[^7]:    ${ }^{9}$ We computed a specific measure by dividing the child's body mass index by the median body mass index for each age cohort, controlling for gender. The median body mass index for girls and boys in each age group was taken from a dataset of the World Health Organization in 2007 (at http://www.who.int/growthref/bmifa_girls_5_19years_z.pdf, and http://www.who.int/growthref/bmifa_boys_5_19years_z.pdf).

[^8]:    ${ }^{10}$ Note that the legal drinking age in Austria for beer and wine is 16 years and enforcement is much less strict than in the US, for instance.

[^9]:    ${ }^{11} 62.9 \%$ of our female participants have a relative BMI of less than 1 , while this is true for only $53.7 \%$ of our male participants.

[^10]:    * The table shows only significant effects (by sign) of independent variables on the four dependent variables. We have run eight regressions per dependent variable, using each of the eight choice lists in the intertemporal choice task once. The entries in the table read as follows:
    + : increases dependent variable, - : decreases dependent variable; ( x y z ) denotes the number of times the variable is significant at the $1 \%(=\mathrm{x}), 5 \%(=\mathrm{y}), 10 \%(=\mathrm{z})$ level.
    The full set of regressions behind this table is reproduced in Table 6, where Panel A concerns Saving, Panel B Smoking, Panel C Alcohol consumption, and Panel D the Body mass index.
    \# Grades are relative to the average in class. Positive variables indicate better than average performance.

